

# *Musical Hearts of Space*

FROM THE

Guide to Cosmic, Transcendent and Innerspace Music

by Anna Turner & Stephen Hill







Pir  
Vilayat  
Inayat  
Khan

Do you remember  
Having existed long before the birth of your body  
before your body was fashioned out of the fabric of the planet earth  
So that you were able to smell the earth and breathe the air, and  
listen to the rumble of the thunder  
and pass your glance across the darkness  
and reach the face of the stars?  
Do you remember the landscapes of the worlds of the soul?  
Do you remember the choirs?  
Do you remember the symphonies of the spheres?  
Do you remember the celebrations?  
Do you remember the processions of legions of beings—heralds,  
angels, archangels—beings of all kinds  
converging upon a throne made of glory rather than of gold?  
And do you remember the emotion of jubilation. . . .  
The great celebrations?  
Surely you must remember something of this . . .

Do you remember having been a cosmic being . . .  
nameless . . . formless . . . ethereal . . .  
made out of the substance of pure light?  
Do you remember having been kindled like a candle . . .  
just as light passes from one candle to another . . .  
Do you remember the emotion that you experienced when coming in contact  
with wonderful Beings?  
Do you remember the Masters? The Saints? The Prophets?  
Do you remember the Archangels and the Angels?  
Do you remember all the festivities out of which you were born—  
of which you are a part?  
This is the meaning of the cosmic celebration in the heavens . . . . .

. . . And this is the inspiration  
for the Music  
from the Hearts  
of Space.



*In all earlier world cultures music stood at the service of ritual, of the holy cult, of consciousness-expansion and the deepest in human experience. The intuitive understanding of this significance would be a precondition for a new auditory consciousness, capable of being applied to all today's varieties of music—whether Classical, Pop, Jazz, Avant-garde. . . . It is precisely through the energies of such musical works that we may discover within ourselves the road that leads to the regions of the soul and spirit.*

*Peter Michael Hamel*

*What we call music . . . is only a miniature, which our intelligence has grasped from that music or harmony of the whole universe which is working behind everything, and which is the source and origin of nature. It is because of this that the wise of all ages have considered music to be a sacred art.*

*Hazrat Inayat Khan*

# THE HEARTS OF SPACE GUIDE

## To Cosmic, Transcendent and Innerspace Music

An annotated listing  
of the music heard since 1973  
on the weekly radio program  
**Music from the Hearts of Space**

by

Stephen Hill & Anna Turner

Graphic design by Janaia Marisolle

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P.O. Box 31321



San Francisco, CA 94131



Passion of an instant  
Births all eternity  
Space illuminates  
Depth's darkness  
Infinity breathes  
The worlds of universe  
Ringing sounds  
Envelop silence

Alexander Scriabin

## ACKNOWLEDGMENTS

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And also...

The incredible heartforce of space explorers who listen to **Music from the Hearts of Space** and have communicated with us over the years. Your energies have contributed directly to this taking form.

The musicians...and the wise beings who have inspired us with their understandings of music, and whose words we quote.

And especially Janaia Marisolle, graphic designer, who understood—everything—on every level, and added dimensions to our understanding. She has been the third energy that transformed this project of two people into a whole.



*Dedicated to  
The Hearts Devas*

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# THE SOUND EXPERIENCE OF "MUSIC FROM THE HEARTS OF SPACE"

*All things and beings in the universe  
are connected with each other, visibly and invisibly,  
and through vibrations a communication is established between them  
on all planes of existence.*

*Hazrat Inayat Khan*

**Music from the Hearts of Space** with Timitheo and Anna is broadcast every Sunday night on Berkeley's KPFA-FM, from 11 p.m. to 2 a.m. It's a time of minimum ambient noise, when the psychic scatter over the Bay Area is quieted and something of a subtler nature can move in the atmospheres. The music we play we call ancient and contemporary transcendent music, inner and outer space music. It's music that opens . . . allows . . . creates space.

We tune to the vibratory space of a particular night and improvise with it—live—sometimes blending into it, gliding in it, sometimes counterpointing (once in a while missing it completely . . . lost in space). Each night is different. We have deep space, crystal space, high space, almost clear nights, crescent moons, dreamy nights, uncertain nights, nights flying in the friendly skies. It is an exquisite attunement, reading the nights, deepening into them—and a practice of alignment-in-fluidity to work in them.

Some people have wanted to call Hearts of Space "new age." We think of it as universal. It seems unproductive to label some kinds of music good and some bad, or 'higher,' 'lower,' more 'evolved' or more 'spiritual.' The magnificent pulse of life rushes and breaks over and through us when we dance; the ecstasy of drums brings deep connection. Music speaks of life, and life is spiritual.

We do love and play a particular kind of music, one that, for us, creates space for deep, immeasurable journeys. Rather, it creates a way to enter a space that is always there, as close as the heart, a slightly different frequency . . . a breath away. We enter the space by allowing it to enter us. In that expansion we can all go as far as we wish, propelled by our infinite inner possibilities, influenced by the coordinates of the psychic moment, restricted only by where we think we can arrive.

Certain pieces do suggest certain directions. There are sounds of other dimensions, brought back and transmuted into earth frequencies, resonating energy templates to bring forth certain states; sound holograms that can be changed or stretched or colored in the hearing. Aural fragrances, radiant liquid pools of sound, shimmering and pulsing, crystal essences that seem like seeds of vast galactic swirls of hidden music. There are those rare, ecstatic works that reach into the ineffable, taking us beyond ourselves and through ourselves, in which we seem to melt. Some of the music bathes the heart softly. Some brings us into remembrance. And if, in those moments, time's illusion bends, everything expands. Each piece, each time, is different. There is no end to it all. . . .

There are other commonalities. The music we play is based in harmony. Sounds which are harmonic with one another give a sense of completion and completeness. Dissonance, like the existential pessimism it has often companioned, seems always to be seeking resolution. The listener may be led to find and provide it, but that is another kind of journey.

Our late night music is rarely sharply percussive, and if brass instrumentation appears in Hearts of Space journeys, it is usually softened—muted or electronically processed. Synthesizers can sustain a note timelessly and build great heavenly ascents of it. Strings and voices have those capabilities naturally; passed through electronics they reach toward the sounds we remember with our expanded memories.



If you truly surrender to music, particularly this music, it will take you somewhere. Our normal listening is distant, analytical, objective. We're looking for information—comparing, judging. With space music and ambient sound we slide through the audible barrier and immerse ourselves in sound. We listen to the entire field around us, and it affects our entire field.

Music generates energy. It has as great an effect on the subtler levels of our organisms as food does on the physical. Obviously, cayenne and sushi and chocolate cake and pears generate different energies, adjust and change our bodies and psyches with their particular electrochemistries. Different musics, too, alter our emotional fields with their refined, electromagnetic energies. What we decide to consume and energize ourselves with is a moment-to-moment choice.

What we do on Music from the Hearts of Space is to choose a piece to begin the program, that feels like the night—usually reflective of it, though sometimes a harmonic and sometimes another note entirely that makes a chord with it. And then we move—as it moves—staying on the edge of the moment, listening . . . waiting . . . responding . . . initiating. . . .

The music contained in these pages are the notes we play with. We wish you beautiful, unexpected, elegant high flights.

With love,

Anna Turner

*Night opens wide  
The gates of space,  
Makes of the earth  
A flying star,  
On which we travel  
Through the All  
Like arrows, speeding  
To an unknown aim.*

*The magic orb  
Moves ceaselessly  
Through unknown realms.  
From where? Where to?  
It carries us  
From void to void  
Through time—and  
Through eternity.*

*And thus we move  
Within the space  
Of our mind-created All,  
From dream to dream,  
From orb to orb,  
Until the void within us  
Can absorb—the Light  
That is both origin and aim.*

Lama Anagarika Govinda



## THE RADIO PROGRAM "MUSIC FROM THE HEARTS OF SPACE"

The name came in on a sunny fall day in 1972 during a meditation in my backyard in San Francisco. I heard it clearly and wrote it down. At the time, we were applying to KPFA to do a new series of radio programs and needed a name. I felt the one I received was a gift, and now, after living with it for eight years, I understand it as the code name/mantram of our planetary space mission (We chose to accept it . . .).

The music which has found its way into our collection—some through obvious, some through obscure, means—has amplified and deepened the original concept in ways I never could have imagined. Our simple, unconscious yearnings for a music of sensitivity and depth have evolved into the multidimensional assortment we present to you in this catalogue. Throughout our explorations, the concept **Music from the Hearts of Space** has been a guide, a touchstone, an inspiration. . . .

Today our incessant exposure to any and all of the music ever created has resulted in a new condition: music has become a psychological necessity. At the same time, the bewildering variety of choices creates confusion and the need for special guides. For, lying just beneath the ubiquitous pulse of the popular music of the day, the sensitive, deepening core of us all **REQUIRES** regular contact with a music capable of serving as a medium for psychological growth, inner healing and communion. This is why a listener writes to us: "Your music is just essential. . . ."

We have accepted the idea that **all music is spiritual** in the broad sense, but some music is more able to serve as "a form of spatial food for our finer being bodies." It is this music we seek to discover (or rediscover) and transmit to the growing number of contemporary listeners who are ready to use it.

This catalogue is not even complete, let alone definitive. However, it represents the best beginning we are capable of making toward the service of helping aware listeners find the psychic food needed for their journey. We are anticipating that the years to come will bring the opportunity to expand and deepen the scope of the listings. For now please accept this guide in its infant state, with understanding. It will lead you to the high regions of the heart. . . .

Love on your Journeys,

Stephen Hill  
(Timitheo)



Universal music  
opening space  
to fluid realms

Starstreams  
of deep harmonies  
connecting  
Endless chords  
Turning  
in  
the renewing vastness of heart

Music of peace  
and self-absorption  
The sounds of distance  
and center  
of earth magic  
and Remembrance

## HOW TO USE THIS GUIDE

*The Great Way is not difficult  
for those who have no preferences...  
Make the smallest distinction, however,  
And heaven and earth are set infinitely apart...*

*Senstan, Third Chinese Patriarch of Zen*

God help us, this music list is divided into categories. We arrived at these distinctions through a combination of insight and necessity. We can only hope that they will serve you as they have served us, as a mental organizing tool. Think of them as flexible, organic containers. Within each category the selections are listed **roughly** in order of frequency of airplay over the last four years. RELATED MUSIC listings are pieces which we play only occasionally, and include without comment as being valuable and worth checking out if you have the opportunity. Again, this is a library of music played in the late-night hours; it is not intended to be an inclusive list of spiritual music.



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The meditative, reflective, inner moments from our Western musical heritage.
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From our great religious and choral traditions, the purest, most sublime moments.
- 70 **COSMISCELLANY**  
Beyond Class and Category. Everything we love which didn't fit anywhere else.



# CONTEMPORARY ANCIENT

Music made today  
with awareness of the  
sounds and expressions  
of the deep past.

## HALEAKALA

**Chaitanya Hari Deuter**  
Kuckuck 2375-042

Haleakala Mystery. Just for This Moment. Crystal Pearls Crystal. Mein Geliebter berührt mich, umarmt mich der Wind

One of the finest albums of contemporary eastern influenced meditation music. Haleakala Mystery is one of the most magically evocative pieces we have.

## GYMNOSPHERE: SONG OF THE ROSE

**Jordan de la Sierra**  
Unity Records UR-701

entire album

Double or single album. Improvised musical meditations for harmonically tuned, spatially expanded piano. Deep, lyrical and ancient as Babylon. Reverberation recorded in Grace Cathedral.

## SUNBORNE

**Constance Demby**  
Gandharva Performing Arts Co., 225 Tamalpais Rd., Fairfax, CA 94930 (cassette)

Darkness of Space, The Dawning, One With the Light  
Deep interior tunings and calls of returning to places  
unremembered . . . many, many thousands of years  
. . . but not totally forgotten. Extraordinary sounds.

## ECSTASY

**Chaitanya Hari Deuter**  
Kuckuck 044

Ecstasy. Back to a Planet. Night Rain. Blue Waves  
Gold

A superlative work that seems to reflect the deep joy, inner peace and musical love of its composer. Produced in Deuter's 4-track studio in the Rajneesh ashram in Poona, India.

## O'CEAN

**Larkin**

Wind Sung Sounds, 1259 El Camino Real, Suite 9.  
Menlo Park, CA 94025

Emergence

Larkin's flute blended with and inspired by the great whale spirits. Very high vibratory offering.

## IN THE GREAT ABBEY OF CLEMENT VI

**Stuart Dempster**  
S-1775

1750 Arch Records, 1750 Arch St., Berkeley, CA  
94709

Standing Waves

Trombone improvisations with the 14 second echo space at Pope Clement VI's abbey in Avignon, France.

## NIGHT'S CASCADING THREADS OF SPLENDOR

**Jordan de la Sierra**  
unpublished tape

entire work

Our first meeting with the legendary Jordan de la Sierra took place on a full moon night in 1976 when he appeared, unannounced, at the back door of KPFA during Hearts of Space and demanded to play the piano. This improvisation for spacepiano is the result. Excellent music, though not the refined tuning and spatial quality of Song of the Rose, recorded in '77.

*Across the see of change  
The silent singer sings;  
In the rising heart of light  
The gate to home is open;  
The dewdrop slips in to the shining sea,  
A thousand flowers bloom,  
And all our names are one name  
On the unstrung warps of time.*

## MEETINGS WITH REMARKABLE MEN

**Thomas de Hartman, Laurence Rosenthal**  
Varese Sarabande STV 81129

Prince Lubovedsky, The Journey, The Great Prayer

Soundtrack from the Peter Brook film. Fine orchestration and conducting by Laurence Rosenthal of an eclectic mixture of traditional Eastern and Western religious music creates an album worth owning. A+ sound quality.

## THE VOICE OF SILENCE

**Peter Michael Hamel**  
Wergo

Panta Tantra, The Voice of Silence

Solo album derived from Indian and Buddhist metaphysical teachings. Creates the experience of ego death as convincingly as one ever need hear it. Also much Indian-derived chanting.

## COLOURS OF TIME

**Peter Michael Hamel**  
Kuckuck 046

Colours of Time I and II

1980 album of cyclic type meditative organ/synthesizer music similar to parts of the earlier Nada. Uncompromised.

## HOSIANNA MANTRA

**Popol Vuh**  
Celestial Harmonies 004

entire album

Non-traditional mantra for pure female voice, piano, cembalo, guitar, oboe, tamboura, violin and electronics. The finest of this group's early albums of "sacred" acoustic/electric music.

## IMPLOSIONS

**Stephan Micus**  
Japo 60017

Borenkind, Amarchaj, For the Beautiful Changing Child, For M'schr and Djingis Khan, As I Crossed a Bridge of Dreams

Impeccable original music derived from ancient ethnic musics and played on timeless instruments by a contemporary German artist.

## INSIDE

**Paul Horn**  
Epic BXN 26466

entire album

Flute meditations echoing through the exquisite, light space of the Taj Mahal. A classic.



*The 'genesis' legends, or 'cosmogonies,' of Ethiopia tell of the origins of language, of how the first men could only sing—like the wind in the reeds—but how gradually they forgot the tune and had eventually to make do simply with the speaking of words.*

Lawrence Blair

### INSIDE THE GREAT PYRAMID

**Paul Horn**

Mushroom Records MRS-5507

entire album

Double album recorded in the King's and Queen's Chambers of the Great Pyramid of Cheops and the burial chamber at Kephren. Paul Horn chants and uses various flutes tuned to the frequency of the spaces. Darker music than Inside the Taj Mahal.

### INSIDE II

**Paul Horn**

Epic KE 31600

Akasha, Bach Chorales #10, #13, #164, #270

Followup album to Inside. First side is a concept journey through the five elements. Side 2 contains Paul Horn's famous duet with the orca whale, Haida. More musical variety, not as space-creating, but very good.

### HARPS OF THE ANCIENT TEMPLES

**Gali Laughton**

Laurel Record LH-111

entire album

Reissue of a much loved album which was 10 years ahead of its time. Evokes or recreates the harp music of distant times.

### LIVING WATERS

**Ry Hay**

unpublished

entire tape

The experience of resonating with the earth from deep inside a cathedral-sized cistern carved into the island of Ibiza. Ry Hay, suspended on a bosun's chair, chants and sings with the space.

### SKIES ABOVE SKIES

**Constance Demby**

Ghandarva Performing Arts Co., 225 Tamalpais Rd., Fairfax, CA 94930 (cassette)

Om Mani Padme Hum, Peace of God, Sant Ji I Love Thee

Live recording of a concert of devotional song/meditations for space bass, tamboura, harmonium, metal instruments and church echo. Constance Demby's singing creates a powerful presence.

### TILL THE END OF TIME

**Stephan Micus**

Japo 60026

Till the End of Time, For Wis and Ramin

Another of Micus' superb albums of original music played on traditional and contemporary acoustic instruments. Refined and beautiful.

### THE VIOLET FLAME

**Joel Andrews**

JA-VF, Joel Andrews, 245 East Mountain Ave., Santa Barbara, CA 93108

Violet Joy, Violet Flame

The violet flame of purification channeled through the harp of Joel Andrews. During the recording process, cailing forth the flame is said to have produced a loud hum in the studio equipment and burned a hole in the cloud cover over the building.

### DIE NACHT DER SEELE/TANTRIC SONGS

**Popol Vuh**

Brain 0060.242 (A compilation of Tantric Songs and Brüder des Schattens, Söhne des Lichts is available as Celestial Harmonies 005)

edited version

Tantric Mayan German space music. Dark, serious, ritual/processional music for monks, piano, guitar and percussion.

*Music is a thing of the soul—a rose-lipped shell that murmured of the eternal sea—a strange bird singing the songs of another shore.*

Josiah Gilbert Holland

### BEHIND ELEVEN DESERTS

**Stephan Micus**

Wind 001

entire album

Yet another virtuoso Micus album of acoustical meditation music, this featuring the suling (Balinese bamboo flute), bodhran (Irish hand drum), sarangi, sitar, steel string and Spanish guitars, and 4 tin whistles.

### CONCERT JOURNEY

**Larkin**

Wind Sung Sounds, 1259 El Camino Real, Suite 9, Menlo Park, CA 94025

Larkin with Ancient Leaves

The purity of Larkin's flute blends with Michael Stearns' numinous, electronic Ancient Leaves to create an entirely new piece.

### AGUIRRE

**Popol Vuh**

Cosmic Couriers Pld. SQ-6040

Aguirre I

Music for a film by Werner Herzog. Processional and ritual flavor. A very uneven album, but this piece is very good.

### AUM

**Chaitanya Hari Deuter**

Kuckuck Stereo 009

Surat Shabda, Abraxas, Susani

Early Deuter album. More rhythmic, not as meditative. Some very good pieces, some so-so.

### ANCIENT ECHOES

**Georgia Kelly, Steven Halpern**

SRI-783-H

Cairo Practice, Crotona

Steve Halpern on flute, piano and vocals and Georgia Kelly on harp seek to evoke resonances of ancient Greece, Egypt and China.

### JOEL ANDREWS: LIVE CONCERTS 1978

**Joel Andrews**

unpublished

Concert 11/26/78, Cofu Estates, Mill Valley, California

Joel Andrews tuning to the collective vibration of his audience and channeling energies from other dimensions to create an inspiring composition-moment.

### THE MUSIC OF CHEOPS

**Steve Douglas**

CH-1, Cheops Records, 1420 N. Beachwood Dr., Hollywood, CA 90028

Reflections Along the Nile, Meditations at Luxor, Journey from Atlantis, Ascent

Solo saxophone improvisations in the King's chamber of the Great Pyramid. Ancient sounding with a jazz influence. Seems like a similar concept to Paul Horn's later album, although generally less meditative and more impressionistic.



*After silence that which comes nearest to expressing the inexpressible is music.*  
Aldous Huxley

# CELESTIAL VIBRATION

Edward Larry Gordon  
SWN-52824

Bethlehem

First album of meditative zither music. Edward Larry Gordon is the Laraaji of Ambient #3: Day of Radiance.

# OFFRANDES (OFFERINGS)

Cyrille Verdeaux

Soundings of the Planet, P. O. Box 43512, Tucson, AZ 85733

The Spell of the Sea; Remember Jonathan, the Seagull; Astral Trip

Considered as a whole, this is an interesting experience of echoes through many mystical traditions — planetary and interdimensional in scope — from this French musician. Primarily electronic with acoustic highlights.

## RELATED MUSIC

### ECLIPSE

Hamza El Din  
Pacific Arts PACR7-119

### OFFERINGS TO THE STARS: A ZITHER PERFORMANCE BY TSENG TA-YU

Tseng Ta-Yu  
East-West Art Studio, 2530 Anza St., San Francisco, CA 94118

### CELESTIAL ASCENT

Don Robertson  
Don Robertson, 122 Steiner Court, Santa Rosa, CA 95404

### THE OBLIQUE FLUTE

Richard Gerevich  
HS 792, Halpern Sounds, 620 Taylor Way, #14, Belmont, CA 94002

### SPACEFIELD

Maiachi  
Mu Tapes, P. O. Box 3966, Santa Rosa, CA 95402  
Field Alpha, Field Beta, Field Delta, Field Gamma

# TRANSCENDENTAL ROMANTIC

Expressive, emotion-creating music which opens one to higher experiences of beauty, peace, or communion.

## SAMUEL BARBER: ADAGIO FOR STRINGS

Academy of St. Martin-in-the-Fields/ Neville Marriner  
Argo ZRG-845

Adagio for Strings

The Queen Mother of sad, elegiac adagios and a tremendous experience for opening the heart.

## RACHMANINOFF: PIANO CONCERTO NO. 2

Jean Philippe Collard/ Orchestre de Capitole de Toulouse/ Michel Plasson  
Connoisseur Society cassette 4002 (also available on record)

Adagio sostenuto

Sensuous and emotional familiar classic. Collard's performance must be definitive.

## RAVEL/ PIANO CONCERTO IN G MAJOR, FALLA/ NIGHTS IN THE GARDENS OF SPAIN

Phillippe Entremont, piano/ The Philadelphia Orchestra/ Eugene Ormandy  
Columbia ML-6629

Ravel: Piano Concerto in G Major, Adagio

Gentle, lyrical movement . . . astral ballet music.

## OPERA SAUVAGE

Vangelis  
Polydor 2473 105

entire album

A listener: "This gave me a feeling of being a spark of consciousness without a point of view, feeling like a star on a night that's absolutely clear, and yet the feeling was one in which the boundaries dissolved — both the clarity and the dissolving boundaries at the same time." Yes. Really an excellent album.

## IGNACIO (formerly CAN YOU HEAR THE DOGS BARKING?)

Vangelis Papathanassiou  
Bellaphon BLPS-19242

(We play an edited tape of the Hearts parts — i.e., no cosmic bombast)

An early film soundtrack. Very lush synthesizer and keyboard sound. Recently used as the cosmic journey music for Carl Sagan's PBS series, Cosmos.

## LA FETE SAUVAGE

Vangelis Papathanassiou  
EMI C-066-14276

(edited version for Hearts of Space)

Very dreamy and romantic. Soundtrack for documentary film.

## AARON COPLAND CONDUCTS HIS CLARINET CONCERTO, BENNY GOODMAN, SOLOIST

Copland conducting the Columbia Symphony Strings  
Columbia MS 6497

Concerto for Clarinet and String Orchestra (with Harp and Piano), first movement

Tender, graceful space ballet.

## BIG SUR TAPESTRY

Charles Lloyd, with Georgia Kelly, harp  
Pacific Arts PAC 7-139

Partington Cove, Partington Point, Hill of the Hawk  
High and airy, side 1 is one of the loveliest flute experiences available.

*Music is the mediator between the spiritual and the sensual life.*

Beethoven



Music does not  
express the  
passions, love or  
longings of this  
or that  
individual  
in this or that  
situation;  
it is passion,  
love and longing.

Richard Wagner

### THE PAVILION OF DREAMS

Harold Budd  
Obscure OBS-10

Bismillah 'Rahmani' 'Rahim, Madrigals of the Rose  
Angel

Very soft, relaxing and beautiful music from a  
California composer. Saxophone, space piano,  
wordless vocals. Produced by Brian Eno.

### CLAIRE DE LUNE: CLASSICS IN A ROMANTIC MOOD

Morton Gould  
Quintessence PMC 7025

Beethoven: Moonlight Sonata (Adagio sostenuto)

The value of this hauntingly beautiful music  
overshadows its cliché status. This is a version  
transcribed for orchestra, using all its mellifluous  
romantic possibilities.

### SEAPEACE

Georgia Kelly

Heru Records, P. O. Box 954, Topanga, CA 90290  
Seapeace, Nilapadmam (Blue Lotus)

Georgia Kelly's first, excellent album of  
impressionistic harp meditations. Seapeace, with  
Tony Selvage's electric violin, is especially beautiful.

### TARASHANTI

Georgia Kelly

Heru Records (see Seapeace listing)

Marupavana, Tarashanti

Georgia's second album, also excellent. Marupavana  
has breaths of night-blooming magic. . . . Moorish  
desert dreams. Tarashanti is elegantly Indian.

### HEAVEN AND HELL

Vangelis Papathanassiou  
RCA LPL1-5110

(The heavenly parts)

The best example of the extreme dynamic contrasts  
in Vangelis' music. The heavenly parts are essential  
Vangelis. Also used in the PBS Cosmos series.

### LAPOCALYPSE DES ANIMAUX

Vangelis Papathanassiou  
Polydor 2393-058

La Petite Fille de la Mer, Le Singe Bleu, La Mort du  
Loup, Creation de la Monde, La Mer Recommencee

Another film soundtrack. Shorter pieces, some very  
beautiful.

### GO FOR BAROQUE

The Jean Francois Pallard Chamber Orchestra  
RCA VICS-1687, or Musical Heritage Society MHS-  
1060

Pachelbel: Canon in D for Strings and Continuo

The richest, softest version of this gentle opening for  
the heart.

### HOVHANESS: MYSTERIOUS MOUNTAIN

Chicago Symphony Orchestra/Fritz Reiner  
RCA LSC-22551

Andante, Andante con moto

One of the most popular symphonic works of this  
great contemporary American composer evokes the  
mystic grandeur of high places. There are probably  
better recordings available.

I am convinced that there are universal currents of Divine Thought vibrating  
the ether everywhere and that anyone who can feel these vibrations is  
inspired provided he is conscious of the process and possesses the  
knowledge and skill to present them. . . . I have very definite impressions  
while in the trance-like condition which is the prerequisite of all true creative  
effort. I feel that I am one with this vibrating Force, that it is omniscient, and  
that I can draw upon it to an extent that is limited only by my own capacity to  
do so. . . . One supreme fact which I have discovered is that it is not will-  
power but fantasy imagination that creates. . . . Imagination is the creative  
force. . . . imagination creates the reality.

Richard Wagner

### BRUNO WALTER'S WAGNER

Bruno Walter and The Columbia Symphony  
Orchestra

Odyssey Y-30667

The Prelude to Lohengrin

Wagner's soaring, titantic vision of The Quest.  
Tremendously and tremulously romantic.

### BIRDS OF PARADISE

Georgia Kelly, with Richard Hardy, flute

HERU 103, Heru Records, P. O. Box 954, Topanga,  
CA 90290

Birds of Paradise

Another in a series of excellent albums by Georgia  
Kelly, this a sensuous and lovely dance of feeling-  
tones for harp and flute.

### CRYSTAL LOVE

Iasos

Iasos, P. O. Box 479, Waldo Pt., Sausalito, CA 94965

Oh, How Deeply Do I Love You?

A charming, tender episode featuring a virtuoso solo  
chirping performance by an ecstatically happy Marin  
County bird.

### WILDERNESS AMERICA/ A CELEBRATION OF THE LAND

David Rlordan, Peter Scott, Tom Salisbury  
China Clipper Associates VEC 212

Water Cycle

A special grant-funded album of excellent quality.  
Semi-classical nature music alternating with eco-  
topical songs.

### PARADISE SYMPHONY

Ralph Lundsten

Harvest 7C 062-35725

The Region of Heavenly Peace

This grand music is found within a collection of some  
of the corniest cosmic schlock ever devised. Ralphus  
Rex (as he calls himself) is talented, his sound quality  
is always first rate, but his concepts are pure  
Disneyland.

Oh, how beautiful  
it is to be alive –  
would that I could  
live a thousand  
times.

Beethoven



# ELECTRONIC SPACE MUSIC

Contemporary electronic music in which the "space" is an integral part of the sound.

## NADA

**Peter Michael Hamel**  
Celestial Harmonies 001

Nada, Beyond the Wall of Sleep, Silence, Slow Motion

Refined use of synthesizer and virtuoso keyboard technique produce a powerful album of inner space music by a German composer who has gone deeply into the mysticism of sound, and whose book, *Through Music to the Self*, is a definitive work.

## STARSCAPES

**Geoffrey Chandler**  
Unity Records UR 706

Elysium Horizon, Iris, Stellar Solitude, Penumbra, The Celestial Divine

One of the finest painters of visionary spacescapes, Geoffrey Chandler is able to bring back both the images and sounds of the far reaches of deep space. His first album contains beautiful electronic portraits of star realms and eternal motions.

## NEW AGE OF EARTH

**Manuel Gottsching & Ash Ra Tempel**  
Isadora ISA-9003

Ocean of Tenderness, Nightdust

Mature Ash Ra at the transition from their hardcore space music to electronic pop. Lyrical and excellent throughout, these pieces are Hearts of Space standards.

## ASH RA TEMPEL VI: INVENTIONS FOR ELECTRIC GUITAR

**Manuel Gottsching**  
Cosmic Couriers KM 58.015

Quasarsphere, Pluralis

Spacey solo album with all sounds derived from electric guitar. Pluralis is an extended space journey. Quasarsphere is a lovely lullaby which served as our ending theme for years and was inexplicably dropped from the new pressings of this album.

## TONTO'S EXPANDING HEAD BAND/ ZERO TIME

**Robert Margouleff & Malcolm Cecil**  
Embryo SD-732

Tama, Riversong

Pioneer electronic pop album. Music ranges from threatening metal to gorgeous space lullabies. Excellent vocal processing on Riversong.

## COMPUTER DON'T BREAK DOWN

**Don Slepian**

Don and Judy Records, 212 Summit Ave., Summit, N.J. 07901

Sonic Perfume, Judy's Rose

Don Slepian's first record (versus earlier cassettes) album shows the broad extent of his music from meditation to electronic bluegrass. Sonic Perfume is a scintillating, refreshing three-dimensional matrix of tonalities which seems to shower the listener with points of light. An unusual and promising album from an eclectic genius.

## EVENING STAR

**Fripp & Eno**  
Antilles AN-7018

Wind on Water, Evening Star, Evensong, Wind on Wind

A great mellow album of electric guitar, synthesizers and studio magic.

## ANOTHER GREEN WORLD

**Brian Eno**  
Island ILPS-9351

Becalmed, Zawinul/Lava, Spirits Drifting

Quixotic experimental album by Eno with some unsuccessful tracks and these three beauties.

*One enters on felt steps  
Into a radiant music  
Of everchanging varieties  
Consecutive blazings  
Beaded of transparent notes*

*A celestial echo fills the vastness  
Of fine droplets of fluid sounds  
Transforming into multiple cascades  
Bathing the microcosm  
Revealing the great divine peace*

Michel Moulinie

## AJATUSLAPSI

**Esa Kotilainen**  
Love Records LRLP-196

Ilmassa

Delicate, high space composition from Finland.

## BRUDER DES SCHATTENS, SOHNE DES LICHTS (BROTHER OF CLOUDS, SON OF LIGHTS)

**Popul Vuh**  
Brain 0060.167 (A compilation of Brüder des Schattens, Söhne des Lichts and Tantric Songs is available as Celestial Harmonies 005)

Dramatic, processional, Eastern mysterious quality achieved with Western instrumentation — piano, electric guitar, drums — and vocals.

## RITUAL OF THE STARMAKER

**Robert Orban**  
unpublished

Ritual of the Starmaker

Flagship of our collection of unknown masterworks. A magnificent and powerful processional and canon for synthesizer and orchestral percussion. Orban is the Bay Area's answer to Walter Carlos.

## CLUSTER & ENO

**Moebius, Roedelius, Eno**  
Best. — Nr. Sky 010 LC 4435

Wehrmut, Für Luise

This collaboration between the German group, Cluster, and producer Brian Eno achieves variable results, including these fine pieces. Wehrmut has an unusual way of altering your space.

## PERELANDRA

**Kevin Braheny**  
unpublished

An early 8-track synthesizer and vocal piece. The softest of floatings.

## RUBYCON

**Tangerine Dream**  
Virgin International VI 2025

Rubycon

One of their best albums, post-psychedelic but pre-commercial with all the elements of their music present but not overstated.



*Space. The continual becoming:  
invisible fountain from which all rhythms  
flow and to which they must pass.  
Beyond time or Infinity.*

—Frank Lloyd Wright

### AQUA

Edgar Froese  
Virgin VR13-111

Aqua  
Electronic psychedelic underwater.

### MORTON FELDMAN: THE EARLY YEARS

Morton Feldman  
Music of our Time: Odyssey 32-16-0302  
Piece for Four Pianos

American "avant garde" composer, one of the few  
whose work can be called meditative and whose  
music generally transcends intellectualism.

### CHRYSLIDE

Michel Moulinie  
ZAL 6441  
Le Philtre d'Echordus, Lente Course

Generally good album with these two standouts by  
this young French electronic musician.

### NEW SOUNDS IN ELECTRONIC MUSIC

Pauline Oliveras  
Music of our Time: Odyssey 32-16-0160  
I of IV

Early piece by pioneer American electronic  
composer which we use as a galactic background  
environment.

### AFFENSTUNDE

Popol Vuh  
IC 58159

Long ago album of extended consciousness journeys  
via Moog synthesizer, guitar and hand drums.  
Recently reissued by Klaus Schulze on his Innovative  
Communications label.

### KLAUS SCHULZE LIVE

Klaus Schulze  
Brain 0080.048  
Heart

Double live album, for fans only — the music is not as  
good as his studio compositions. Apparently Klaus  
knows this, and has announced that this record  
marks the end of live performances (for the moment)  
so he can create "the music of the future."

### COSMIC BEAM EXPERIENCE

Francisco  
CBE-001

entire album  
Genuine California primitive spacemusic, a  
distillation of spaces evolved during hundreds of live  
performances by this virtuoso electronic  
percussionist and songwriter.

### COEUR DE VERRE

Popol Vuh  
Egg 900-536

Engel der Gegenwart (Angel of the Present)  
Soundtrack for Werner Herzog film. Good music,  
Eastern influenced.

*Architecture is an  
art . . . when one  
consciously or  
unconsciously  
creates aesthetic  
emotion in the  
atmosphere, and  
when this  
environment  
produces well  
being. . . . I think  
the ideal space  
must contain  
elements of  
magic, serenity,  
sorcery and  
mystery.*

Luis Barragan

*Space sings  
Every atom's galaxy  
Humming motion's grand illusion  
Through the house of heaven's stars  
Passing songs beyond Polaris  
Shining brightly in the suns  
Eclipsed by planet's revolutions  
Cooled in phasing moonlight orbits  
Flowing water's coursing bloods  
Through the scent of earth's bouquet  
Beyond the crystal forms of firey things  
And atmospheres that dance in rings.*

Jordan de la Sierra

### SNOWFLAKES ARE DANCING

Tomita  
RCA ARL-1-0488

The Engulfed Cathedral, Footprints in the Snow  
Tomita's first album, synthesizer adaptations of music  
by Debussy. Probably his least gimmicky and most  
satisfying.

### WHISPERED VISIONS

Emerald Web (Bob Stohl, Kat Epple)  
Emerald Web, 58 Roble Rd., Berkeley, CA 94707  
entire cassette

Soft, clear, spacey acoustic/electronic album which  
generally creates a warm, pleasant atmosphere.  
Some space journeys also.

### COLD NOSE / NASO FREDDO (SOUNDTRACK)

Franco Falsini  
Polydor 2449-012

Synthesizer/guitar solo album from Italian  
progressive musician. Dark, melodic, hypnotic . . .

### DURCH DIE WUSTE/DESERT

Hans-Joachim Roedelius  
Sky Records Sky 014

Durch die Wüste  
Spacey, a little trippy, indulgent and occasionally  
strange.

### SPACEBORNE (SOUNDTRACK)

Doug McKechnie  
unpublished tape  
Soundtrack for an art film created from NASA  
footage of actual astronauts in real live Space.  
Effective and enjoyable music, mostly synthesizer.

### RELATED MUSIC

### CLOCKWORK ORANGE

Walter Carlos  
Columbia KC 31480  
Theme Music from A Clockwork Orange

### INNER TRAVELOGUE

Joseph Adams  
Joseph Adams, 10020 S. E. Mt. Scott, Portland, OR  
97266  
The Head Takes a Walk, Hang Gliding in the Canyons  
of Your Mind



# PROGRESSIVE INFINITE

Evolving, non-traditional music  
which sonically evokes  
the imagery of  
Infinite or Unlimited spacetime.

**X**

**Klaus Schulze**  
Brain 0080.023

George Trakl, Ludwig II, Friedemann Bach, Heinrich  
Von Kleist

A masterpiece which is not only the quintessence of  
ten years of electronic music development, but firmly  
establishes Klaus as a serious composer intent on  
creating a new "music of the future."

## SILK ROAD II (ORIGINAL SOUNDTRACK)

**Kitaro**

Canyon C25R0052 (Camel caravan cover)  
entire album

Young master musician orchestrates numerous  
electronic instruments and traditional Japanese  
sounds into a rich cosmic tapestry. A thoroughly  
mature, satisfying presentation. His best.

## SILK ROAD I (ORIGINAL SOUNDTRACK)

**Kitaro**

Canyon C25R0038 (Japanese gong cover)  
entire album except Side A, #1

More energetic, not quite as smooth, but a very  
good album. Try to ignore the bizarre edit at the 2/3  
mark of side one.

## RAINBOW DOME MUSIK

**Steve Hillage, Miquette Giraudy**  
Virgin VR-1

Garden of Paradise, Four Ever Rainbow

Good "naturalized" space music with guitar,  
synthesizer, Tibetan bells and ambient nature  
sounds. Everyone likes this album.

## MIRAGE

**Klaus Schulze**  
Island ILPS-9461

Crystal Lake

1978 Klaus Schulze winter crystal music. A kinetic  
deep space journey. One of his finest albums.

## PICTURE MUSIC

**Klaus Schulze**  
Brain 1067

Totem

Excellent electronic trance music. Spacey and  
delicately percussive, with an Indian music  
influence — Raga Cosmos.

## MOONDAWN

**Klaus Schulze**  
Brain 1088

Floating, Moondawn

Excellent middle period solo album with Klaus  
moving a step toward rock by reincorporating  
drums into his electronic toneworlds.

## TIMEWIND

**Klaus Schulze**  
Brain 1075

Bayreuth Return, Wahnfried 1883

Dedicated to Richard Wagner. Wahnfried good for  
stormy winter nights. Bayreuth is an extended,  
exciting space cruise.

*All true and deeply  
felt music,  
whether sacred or profane,  
journeys to heights  
where art and religion  
can always meet.*

*Albert Schweitzer*

## DUNE

**Klaus Schulze**  
Brain 0060.225

Shadows of Ignorance

A transitional album with Klaus Schulze searching  
for new directions after the masterful X double  
album of '78-'79. Features Arthur Brown's vocal/  
recitations of Klaus' futurist poetry. Extraordinary  
cello playing by Wolfgang Tiepold and brilliant  
sound.

## HARMONIC ASCENDANT

**Robert Schroeder**

Innovative Communication IC 58 087U

Harmonic Ascendant

Excellent piece of hybrid electronic/acoustic space  
music produced by Klaus Schulze that orbits through  
several fields solidly supported by fine classical  
guitar and the cello work of Wolfgang Tiepold.

## OASIS

**Kitaro**

Canyon C25R0030

Rising Sun, Moro-ism, New Wave, Cosmic Energy,  
Moon Light, Shimmering Horizon, Fragrance of the  
Nature, Innocent People

Skilled and graceful, Kitaro glides through several  
electronic styles. Great night-travelling music.

## TIME ACTOR

**Richard Wahnfried**

Innovative Communication IC 58065

Time Actor, Time Factory, Charming the Wind,  
Grandma's Clockwork, Time Echoes

A "group" album produced and masterminded by  
Klaus Schulze. A successful attempt to create a new  
format for philosophical discourse (on the meaning  
of time) in an electronic setting. Last song contains a  
performance by a quasi-alien vocalist.

## HERGEST RIDGE

**Mike Oldfield**

Virgin VR-13-109

entire album

This record has been mostly ignored, but it achieves  
a completely successful integration of rock, space,  
and English folk and pastoral musics. Really one of  
his best.

## OMMADAWN

**Mike Oldfield**

Virgin PZ-33913 (out-of-print)

entire album

Another excellent electronic/acoustic orchestration  
based on Celtic, English folk and rock influences by  
this young English composer/multi-instrumentalist.



**OXYGENE**

Jean Michel Jarre  
Polydor 2933-207

Part I, Part II, Part III, Part V

The first electronic "space music" album to hit big commercially, it created a standard to which popular space albums will be compared. Music ranges from deep romantic to space disco with full cinematic effects. Excellent production and sound.

**EQUINOXE**

Jean Michel Jarre  
Polydor PD-16175

Parts 1, 2, 3, 4, 7

Jarre's second album of space flight music. A bizarre mixture of styles that creates an enjoyable result.

**FROM THE FULL MOON STORY**

Kitaro  
Zen-1006

entire album, except Bali

An album that would be a masterpiece by anyone else and is grade B by this artist's standards. Basically the same sound/music arrangement as the others but more acoustic.

**TEN KAI (ASTRAL TRIP)**

Kitaro  
Zen 1001 (Japan Victor)

Entire album except Mu

High quality Japanese acoustic/electronic mix by a Klaus Schulze protege.

**TUBULAR BELLS**

Mike Oldfield  
Virgin 13-105

entire album

The one which made him famous when adapted for the soundtrack of *The Exorcist*. A fresh sound for its time, with a dash of droll English humor injected by narrator Vivian Stanshall.

**INCANTATIONS**

Mike Oldfield  
Virgin 300-193-420

entire 2 discs, especially side 4

Oldfield's fourth album, produced and largely performed by him, synthesizing widely varied musical traditions and instrumentation into a truly original work—this one from African drums to the Queens College Girls Choir.

**STRATOSFEAR**

Tangerine Dream  
Virgin V2068

3 a.m. at the Border of the Marsh from Okefenokee, Invisible Limits, The Big Sleep in Search of Hades

Mature album. Excellent production and sound. 3 a.m. fits into an informal Hearts category called "weird harmonic."

**IN THE REGIONS OF SUNRETURN**

Michael Garrison  
Windspell Records WS 112856

Dreams, The Distance from Here

First album by a talented young synthesist from Oregon. Derivative of the major European artists but very enjoyable music.

**RAINBOW DELTA**

Patrick Gleeson  
PVC 7914

5:10 to Dreamland

The most meditative piece on this up-to-date sounding synthesizer album by a San Francisco producer/composer.

*Space! That response to the aspiration of the human being, that relaxation for breathing and for the beating heart, that outpouring of self in looking far, from a great height, over a vast, infinite, unlimited expanse.*

—Le Corbusier

**PLATINUM**

Mike Oldfield  
Virgin V2141

Woodhenge, North Star

Some nice music from a more experimental album which covers many different styles including disco.

**KOSMOS**

Tomita  
RCA ARL-1-2616

The Sea Named Solaris

Tomita's space concept album. Fanciful, occasionally excessive but interesting free adaptations of music by Bach, Strauss, Wagner, Honegger, Ives, Grieg and Rodrigo.

**BOLERO**

Tomita  
RCA ARL-1-3412

A good album of electronic transcriptions of music by Ravel.

**HELDON 2**

Heldon/Richard Pinhas  
Disjuncta 000002

St. Mikael Samstag Abends, In the Wake of King Fripp

A guitar/synthesizer album from a French radical artist and political philosopher whose music ranges from irritating to a kind of harsh, spacey beauty.

**RELATED MUSIC****ALBEDO 0.39**

Vangellis  
RCA RS-1080  
Albedo 0.39

**PHAEDRA**

Tangerine Dream  
Virgin VR 13-108

**CYCLONE**

Tangerine Dream  
Virgin V2097

**DEPARTURE FROM THE NORTHERN WASTELAND**

Michael Hoenig  
Warner Bros. BSK 3152

**BENZAİTEN**

Osamu Kitajima  
Antilles AN-7016  
Triyo—The Sun

**OSA-MU**

Osamu Kitajima  
Island ILPS-9426

**MACULA TRANSFER**

Edgar Froese  
Brain 60.008  
os 452, quantas 611

**IRRLICHT**

Klaus Schulze  
Brain 1077  
Ebene, Gewitter

**TANGRAM**

Tangerine Dream  
Virgin V2147  
Side 2, Tangram set 2 (edited)

Music is  
another  
planet.

Alphonse Daudet



# C Y C L I C

Also called Periodic or Minimal. Characterized by slowly changing, repeated patterns which create trance states.

*Repetition is the image of eternity in music.*  
Michael Hoenig

## PICTURE MUSIC

Klaus Schulze  
Brain LP-1067

Totem

Spacey piece of cyclic trance music featuring a unique "electronic tabla" sound, a rhythmic yet gentle intramolecular massage. As close as Klaus ever came to Indian music.

## SHRI CAMEL

Terry Riley  
CBS Masterworks M35164

Anthem of the Trinity, Celestial Valley, Across the Lake of the Ancient Word, Desert of Ice

Terry Riley's most recent (1980) album of virtuoso organ/synthesizer improvisations. Somewhat more tonal variety, but still ancient and austere sounding.

## MUSIC OF XOLOTL

Xolotl  
Unity Records UR 702

Morning Glory, Phase Aurora, Comet Falling, Journey to an Oracle, Magenta Deep Anemones (unpublished tapes)

Cyclic music with more sensual textures via electric guitar and recycled delays from a French composer and gifted visual artist. Organ accompaniment on some pieces.

## HOLOGRAMS

Margaret Fabrizio  
unpublished tape

Impeccably focused musical figures varied and repeated on the harpsichord to produce deep inner states. Margaret Fabrizio's work should be recorded and made available.

## PERSIAN SURGERY DERVISHES

Terry Riley  
Shandar 83.501/502

entire album

A fine two-record set of live electronic organ/tape delay meditations by a Western musician. This music was used as the soundtrack for a French documentary on the whirling dervishes.

## JOURNEY FROM THE DEATH OF A FRIEND

Terry Riley  
Warner Bros.

Journey from the Death of a Friend

Another Terry Riley film soundtrack similar to the others. This piece seems special, though. Electronic organ.

## RAINBOW IN CURVED AIR/POPPY NOGOOD AND THE PHANTOM BAND

Terry Riley  
Columbia MS-7315

entire album

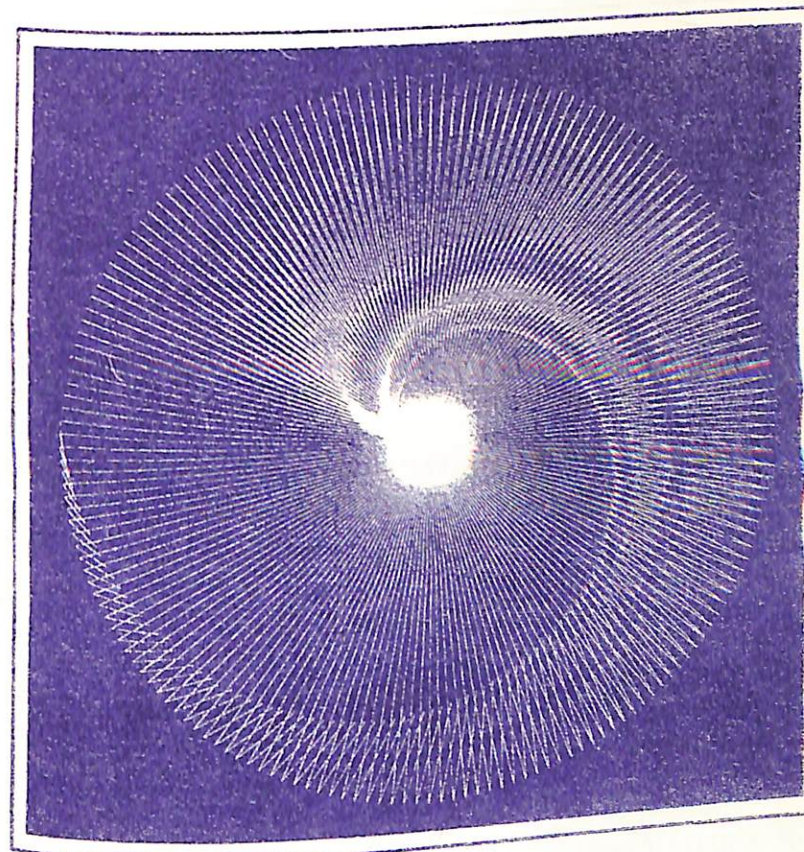
Probably his most popular album, dating from the late '60s. A mature statement of his music with a rich ensemble texture. The one to get if you're getting it.

## GYMNOSPHERE: SONG OF THE ROSE

Jordan de la Sierra  
Unity Records (double album version) UR 701

Tihai: In the Realm of Rama IX

Thirty minutes of a 33 note cyclic pattern played on the spatially expanded piano. Takes you ever so deep.



## NORTH STAR

Phillip Glass  
Virgin PZ-34669

North Star

Interesting music from a New York composer who has won enthusiastic audiences for his cyclic ensemble music in many live performances. Sound ranges from irritating to transcendent and is always hypnotic. Electric keyboards, vibraphone, glockenspiel, saxophones, voices.

## LIFESPAN (LA SECRET DE LA VIE)

Terry Riley  
STIP ST 1011 (Disques Sonopresse, dist.)

In the Summer

Yet another film soundtrack, a collection of shorter pieces, some very rich. Multi-voice electronic organ sound.

## DOUBLE HELIX; PATTERNS

Doug McKechnie  
unpublished tapes

Short cyclic pieces for synthesizer by San Francisco composer/multi media artist Doug McKechnie.

## RELATED MUSIC

## MUSIC FOR 18 MUSICIANS

Steve Reich  
Warner Bros. ECM-1-1129

## OCTET, MUSIC FOR A LARGE ENSEMBLE, VIOLIN PHASE

Steve Reich  
ECM-1-1168

*Music and rhythm find their way into the secret places of the soul.*

Plato

*Motion is the significance of life, and the law of motion is rhythm. Rhythm is life disguised in motion... Balance, which is the only upholding power in life, is kept by rhythm... The whole universe is a single mechanism working by the law of rhythm.*

Hazrat Inayat Khan



# CELLULAR WAVE MUSIC

A category created for the subtle movement meditation music of the Continuum Studio, used for deep journeys into the body.

*At the heart of each of us, whatever our imperfections, there exists a silent pulse of perfect rhythm, a complex of wave forms and resonances, which is absolutely individual and unique, and yet which connects us to everything in the universe. The act of getting in touch with this pulse can transform our personal experience and in some way alter the world around us.*

George Leonard, *The Silent Pulse*

## MORNING/JEWEL

**Michael Stearns**

Continuum Montage, 3640-1/2 Watseka Ave., Los Angeles, CA 90034 (cassette only)

Jewel, Morning

Jewel, a blend of wordless voices and shimmering warm tones created on the Eikosany vibes, is an extraordinarily high piece of music. Morning combines nature sounds recorded at dawn in an Arizona desert and Mexican jungle with acoustical, vocal and electronic music. It's especially good on Sunday morning.

## LULLABY FOR THE HEARTS OF SPACE/AFTER I SAID GOODNIGHT

**Kevin Braheny**

Heartcall Music, P.O. Box 3565, Santa Monica, CA 90403

Lullaby for the Hearts of Space, After I Said Goodnight  
Exquisite journeys for synthesizer and soprano sax. The music flows from the inside out. Lullaby was created live, on-the-air, during a special Hearts of Space program.

## ANCIENT LEAVES

**Michael Stearns**

Continuum Montage, 3640-1/2 Watseka Ave., Los Angeles, CA 90034

Ancient Leaves, Elysian E

Michael Stearns' first album integrates electronic drones, chanting, modal string music. Continuum well describes Elysian E as "a moving chordal sea," and Ancient Leaves as "a journey through inner space where sound worlds emerge, unfold and dissolve."

## PICNIC AT HANGING ROCK

**Michael Stearns**

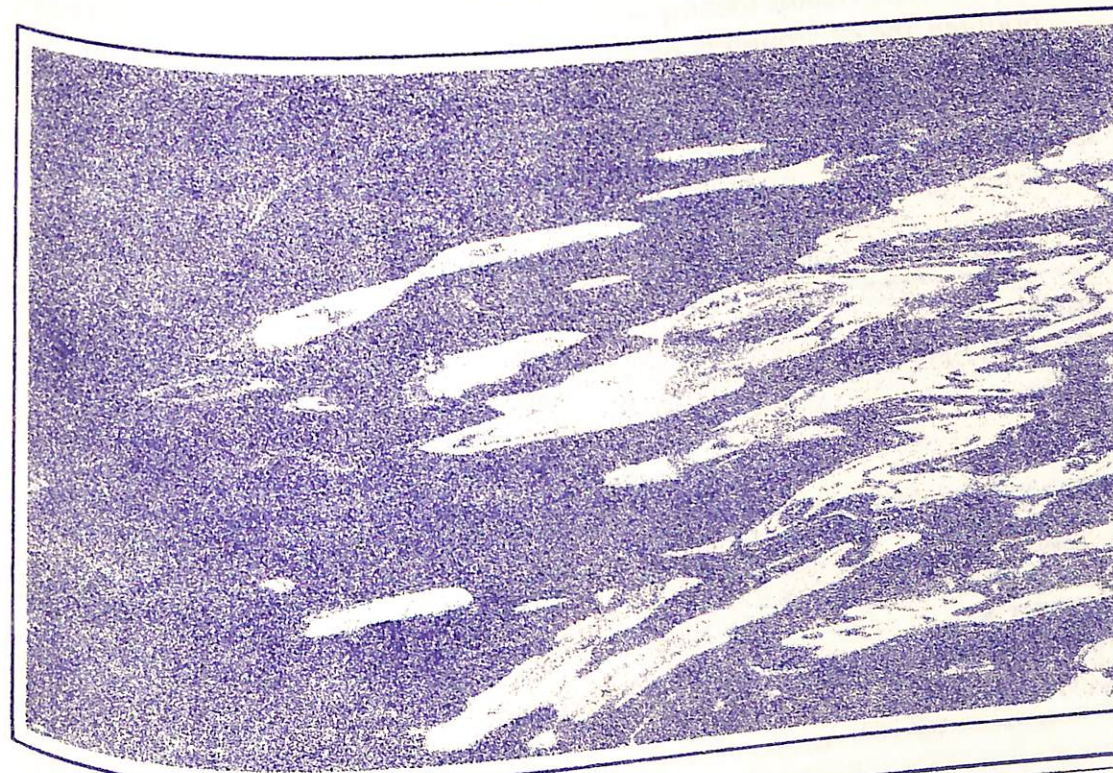
Continuum Montage (unpublished)

Picnic at Hanging Rock

A montage of synthesizer ambience and the extraordinary pan pipes of Gheorghe Zamfir create a very special moment.

*Motion is the  
nature of  
vibration. Every  
motion contains  
within itself a  
thought and a  
feeling.*

Hazrat Inayat Khan



## THE SOFT TOUCH OF MORNING LIGHT MARRIAGE CHORDS

**Michael Stearns**

Continuum Montage (to be published)

Soft Touch: This synthesizer music is mysteriously effective — quiet yet active — soothing yet stimulating. It creates an ambience which can be sustained for hours. Marriage Chords: A rich ascent, written by Michael Stearns for his own marriage.

## SUSTAINING CYLINDERS, SLEEPING CONCHES

**Michael Stearns**

Continuum Montage (cassette only)

Sustaining Cylinders, Sleeping Conches

Two specialized electronic meditation sound environments. Sustaining Cylinders was created on the Eikosany vibes (22 tones to the octave). In Sleeping Conches sounds of the ocean are combined with bells and conch shells. Unique healing sounds for quiet work.



# A M B I E N T

As defined by Brian Eno,  
an "atmosphere."

An ambience is defined as an atmosphere, or a surrounding influence: a tint. Whereas the extant canned music companies proceed from the basis of regularizing environments by blanketing their acoustic and atmospheric idiosyncracies, Ambient Music is intended to enhance these. Whereas conventional background music is produced by stripping away all sense of doubt and uncertainty (and thus all genuine interest) from the music, Ambient Music retains these qualities. And whereas their intention is to 'brighten' the environment by adding stimulus to it (thus supposedly alleviating the tedium of routine tasks and levelling out the natural ups and downs of the body rhythms) Ambient Music is intended to induce calm and a space to think. Ambient Music must be able to accommodate many levels of listening attention without enforcing one in particular; it must be as ignorable as it is interesting.

Brian Eno

## AMBIENT #1: MUSIC FOR AIRPORTS

Brian Eno  
PVC-7908

1/1, 2/1, 1/2

Excellent album of music to provide acoustic atmospheres for architectural spaces . . . which also open to inner spaces that have no enclosure.

## AMBIENT #2: THE PLATEAUX OF MIRROR

Harold Budd/Brian Eno  
E.G. Records, Ltd., EGS 202

entire album

Gentle, refined album of processed piano and synthesizer music. Just totally beautiful.

## AMBIENT #3: DAY OF RADIANCE

Laraaji  
Editions EG, EGAMB 003

Meditation #1, #2,

If this is an "atmosphere," it is a very, very deep one. An ambience like mahogany nights around ancient Asian fires, created with an electronically processed

## TUNED WIND/THE DRAGON WAITS

Kevin Braheny  
not yet available

Tuned Wind, The Dragon Waits

Very deep synthesized inner space meditation/ambiences by an extremely sensitive composer.

## MORTON FELDMAN

Morton Feldman  
Odyssey Y-34138

Rothko Chapel

Tribute to painter Mark Rothko created for Houston's Rothko Chapel. Very spatial; with chorus, viola and percussion.

## RELATED MUSIC

## SPACE FOR STEPHEN

Alden Jenks  
unpublished

Namo

Drones and electronic spaces for inner ambience.

# SOUND SPACE ENVIRONMENTS

Natural and electronic sound  
environments which are not  
formally "music."

## ENVIRONMENTS 3

Syntonic Research  
LPSPD-66003

Dusk at New Hope, Pennsylvania

The Hearts of Space cricket choir.

## ENVIRONMENTS 7

Syntonic Research  
SD-66007

Intonation

A half-hour of layered, cascading OM sound. It takes one deeply into harmony.

## SONIC SEASONINGS

Walter Carlos  
Columbia KG-31234

entire album, especially Winter

Superb "aural tapestry" of natural and electronic sounds to evoke the four seasons. A pioneer work.

## ENVIRONMENTS 1

Syntonic Research  
LPSPD-66001

The Ultimate Seashore

Synthesized ocean, but a very effective idealization of the real thing.

## SONOMA SURF, SOFT

Lou Judson  
Intuitive Audio, P. O. Box 655, Larkspur, CA 94939

One of the most beautiful recordings of gentle night sea.

## THE WIND HARP: SONG FROM THE HILL

The Wind Harp  
United Artists UAS-9963

entire album

Indescribable sounds created by a wind harp erected in the northeastern U.S.

"Sometimes she sounds like a ghostly house and sometimes like a flying saucer but mostly she sounds like everything singing far, far away."

## ENVIRONMENTS 10

Syntonic Research  
SD-66010

Night in the Country

Soothing ambience, yet made up of 1000 discrete insect sounds in complex patternings.

## THE LANGUAGE AND MUSIC OF WOLVES

Tonsil Records

Bands 5, 10

Magnificent calls, bringing deep stirrings of connection. Sing with your wolf brother.

## SONGS OF THE HUMPBACK WHALE

Capitol ST-620

entire album

Classic record by Dr. Roger Payne of the ethereal calls of great beings.

What makes us feel drawn to music is that our whole being is music; our mind and body, the nature in which we live, the nature which has made us, all that is beneath and around us, it is all music; and we are close to all this music, and live and move and have our being in music.

Hazrat Inayat Khan

Listen to the sound of the river. In it are contained all voices, the sum of all sound, all the cries and laughter of the world.

Herman Hesse, Siddhartha



*I love music passionately. . . . It is a free art gushing forth, an open-air art boundless as the elements, the wind, the sky, the sea. . . . Music is the expression of the movement of the waters, the play of curves described by changing breezes. There is nothing more musical than a sunset. He who feels what he sees will find no more beautiful example of development than in the book of Nature.*

Claude Debussy

#### DEEP VOICES: THE SECOND WHALE RECORD

Capitol ST-11598

Left Over Sea Running, Drifting Off, Deep Voices, Deep Breathing

More whale songs, lovely and mysterious, recorded underwater by Roger and Katy Payne. Proceeds from this and the first whale record go to help save the whales.

#### ENVIRONMENTS 4

Syntonic Research  
LPSD-66004

Gentle Rain in a Pine Forest

Summer rain with occasional birdsongs.

#### ENVIRONMENTS 2

Syntonic Research  
Atlantic SD-66002

Tintinnabulation, Dawn at New Hope

Soft bells and the morning joy of birds.

#### VIBRATIONAL ENVIRONMENTS #4: THRONE REALMS AND LAGOONS

Iasos

Iasos, P. O. Box 479, Waldo Pt., Sausalito, CA 94965

Throne Realms

Vast space, vast power in a state of calm rest.

#### ENVIRONMENTS 5

Syntonic Research  
SD-66005

Wind in the Trees

Pastoral sound imagery of a gentle autumn day.

#### ENVIRONMENTS 8

Syntonic Research  
LPSD-66008

Country Stream

Very alive water sounds.

#### RELATED MUSIC

#### TANK TAPE

Ed Doyle and Rich Candib  
unpublished tape

Tank #1

Flute and voice cosmically reverberating inside a water tank off Highway 80 near Sacramento.

#### VIBRATIONAL ENVIRONMENTS #3: BIRDS FOR MORNING AND EVENING

Iasos

Iasos, P. O. Box 479, Waldo Pt., Sausalito CA 94965

## ORGANIC NATURE MUSIC

Designed to complement  
and attune to  
the vibrations of our earth.

#### VIBRATIONAL ENVIRONMENTS #5: ESSENCE OF SPRING

Iasos

Iasos, P. O. Box 479, Waldo Pt., Sausalito, CA 94965

The Descent of Spring

According to Iasos, this piece carries with it the vibration of Amaryllis, the Goddess of Spring, and her orchestration of the energies of that season.

#### HEAVEN ON EARTH

Schawkle Roth

Center of Heavenly Music, P. O. Box 1063, Larkspur, CA 94939

Heaven on Earth

Joyful, fluid meditative piece for zither, flute, saxophone, voice and natural sounds.

#### NORDIC NATURE SYMPHONY #2: JOHANNES AND THE LADY OF THE WOODS

Ralph Lundsten

Odeon (EMI) E 061-35200

The Enchanted Forest, The Lady of the Woods Calls in the Summer Night, And Autumn Came

One of Lundsten's most restrained and beautiful albums. Evokes the spirit of the earth in a familiar European fairytale style.

#### RELATED MUSIC

#### DESERT DAWN SONG

Soundings of the Planet

Earthlab/Soundings of the Planet, 405 N. Wilson, Tucson, AZ 85719

#### OF THE DOVE AND OF THE ROSE

Sananda

Earthlab/Soundings of the Planet, 405 N. Wilson, Tucson, AZ 85719

Some people say it's a dichotomy that I'm trying to create organic nature music and yet I'm using all these electronics. What could be more organic than electrons? What do you think a flower's made of? I think of electrons as these very, very tiny God-beings that are extremely sensitive to consciousness and are just rushing—literally at the speed of light—just to fulfill your will. All these wires are just creating different paths. You tell the electrons which way you want them to go, and they jump at the chance to serve. They go exactly where you want them to. So I think of them as my joyous little servants. They just love to do whatever I want . . .

Iasos



# ETHERICAL TROPICAL

Music which evokes the enveloping essence of our earthly paradise gardens.



## VIBRATIONAL ENVIRONMENTS #2: EARTH CALM/SPACE CALM

**Iasos**

Iasos, P. O. Box 479, Waldo Pt., Sausalito, CA 94965  
Kona Jungle, Cloud Prayer

Iasos describes Kona Jungle as having "a deep, archetypal, mysterious feeling—low musical tones which tend to induce alpha in the listener." It has the power of the heart of the night.

## OSMOSE

**Ariel Kalma & Richard Tinti**

Societe Francaise de Productions Phonographiques-  
Paris SFP 3.5021-5022

entire album, except Saxo Planetariel, 6 and C,  
Manege, Gongmo

The ultimate etheric tropical environment. Jungle environment tapes recorded in Borneo, then mixed with electronic sound. Beautifully pressed 2-record set.

## BALI AGUNG

**Eberhard Schoener**

Celestial Harmonies 002

Tjandra, Nadi, Ramayana, Surya

German synthesizer musician meets Balinese gamelan orchestra. Deep earth magic.

## INTER-DIMENSIONAL MUSIC THROUGH IASOS

**Iasos**

Iasos, P. O. Box 479, Waldo Pt., Sausalito, CA 94965  
Creation/Cloud Prayer, Crystal Petals, Sirens Shallows,  
Formantera Sunset Clouds, Lagoon Night

From the Temple of Crystal Fire Radiance, Iasos synthesizes music played to him from other dimensions. In this, his first album, he explores a variety of inter-dimensional environments.

Here you hear every sound you make, and, to the depth of your stillness, every sound you are . . . The Hawaiian wind is a great Being. It unifies the night, soaring majestically off the pali, sending off long crescendos which then burst forth multitudes of song tendrils. They are indeed, in the most literal sense, wind sung sounds. And since everything here is multi-sensorial, the wind's songs are heard, experienced, on the skin delicately with exquisite softness. The wind brings healing, encircling you so rapidly you feel all of your skin at once, touching with slender strokes. . . . lightening and soothing.

You are surrounded by subtle cascades of shifting fragrance—enchancing, purifying scents that are music. You flow through nights of a thousand flowers: trees everywhere full of intoxicating plumeria; languid, brazen hibiscus; delicate, etheric white spidery lilies; shimmering white ginger; and tiny lavender buds, coiled so powerfully, in such perfect alignment with some universal spirals of energy, that it feels as if each flowering could produce ripples galaxies away.

We are starflower beings. It is profound to be so close. . . .

Annamystyq  
Hawaii, 1978

## IN DEN GÄRTEN PHARAOS

**Popul Vuh**

Cosmic Couriers pld. SQ-6009

In den Gärten Pharaos

An evocation of ancient steamy jungle garden nights. Rousseau might have painted it.

## EPSILON IN MALAYSIAN PALE

**Edgar Froese**

Virgin V-2040

Epsilon in Malaysian Pale

Not strictly etheric tropical, this is more of an interpretation of that feeling in the tradition of Western reflections upon natural settings—this one using electronic textures, flute and environmental effects.

## THE ROMANCE OF HAWAII

**Webeley Edwards and Hal Arnell**

Pickwick: Hawaii Calls series (out of print)

Fire Goddess

True magic in a chant to the Fire Goddess, Pele. If anyone has a good copy of this, please write.



# MYSTICAL VIBRATORY EXPERIENCES

Simply, the highest,  
most refined music/  
sound experiences  
we have found.

## FETE DES BELLES EAUX

Jeanne Loriod & Ensemble  
Musical Heritage Society 821-L

excerpt

Composed by Olivier Messiaen and performed by an ensemble of Ondes Martenots, early vacuum-tube synthesizers of exquisitely refined tonality. Almost unbearably beautiful.

## JEWEL/MORNING

Michael Stearns

Continuum Montage, 3640-1/2 Watseka Ave., Los Angeles, CA 90034

Jewel

A deceptively simple synthesizer tone leads you to the gentlest of transcendent realms. A deeply powerful work.

## HALEAKALA

Chaitanya Hari Deuter

Kuckuck 2375-042

Haleakala Mystery

A piece inspired by the summits of Hawaii's ancient volcano, Haleakala. Voices, synthesizers and high awareness. A rarefied experience . . . unsurpassed.

## AMBIENT #3: DAY OF RADIANCE

Laraaji

Editions EG, EGAMB 003

Meditation #1, #2

One of our most mystical pieces. Deeply and profoundly relaxing music for electronically treated zither by this musician/priest. Produced by Brian Eno. We thank you.

## SONG OF THE GOLDEN LOTUS

Swami Kriya Ramananda

Satsanga Fellowship, Box 6165, Chicago, IL 60680

Devata

An intensely beautiful meditation for the heart. Composed and performed on bass flute and synthesizer (with some cello accompaniment) by a young American Self Realization Fellowship monk.

## TIBETAN BELLS II

Henry Wolff and Nancy Hennings

Celestial Harmonies 006

White Light, Astral Plane

These are intense, high frequency meditations, highlights of an album of original music played on Tibetan instruments. "If you listen long and hard down into the bells you will either go insane or be propelled towards enlightenment." -- Tibetan lama

## GYMNOSPHERE: SONG OF THE ROSE

Jordan de la Sierra

Unity UR-701

Side 3 of double album version

Ancient Babylonian spacemusic -- a dark, rich, harmonic sound from a specially tuned, electronically processed piano. Deep . . .

## MUSIC OF OUR TIME: EXTENDED VOICES

Morton Feldman

Odyssey 32-16-0156

Chorus and Instruments (II), Christian Wolff in Cambridge

Music for space chorus, tuba and chimes whose slow, extended breaths create a perfect meditative ambience. May be heard as set in the far spacefields with intimations of the grand wheelings of stars, or on an innerspace plane.

The city is built  
To music, and therefore  
never built at all,

And therefore  
built forever.

Alfred Lord Tennyson

## HEARTCALL

Kevin Braheny

presently unpublished

Heartcall

Yearning, evocative heartcallings -- perfectly named -- on the Mighty Serge Synthesizer and soprano sax.

## SONG OF THE PEAKS

Maggi Payne

Center for Contemporary Music, P. O. Box 9991, Mills College, Oakland, CA 94613

Song of the Peaks

Soaringly beautiful ascents, glides and hoverings for flute and gong and electronics. Composed by William Maraldo, performed by Maggi Payne.

## MUSIC BY JOANNA BROUK

Joanna Brouk

Hummingbird Productions, P. O. Box 9871, Oakland, CA 94613

Gong Piece, Conch

Deep synthesizer evocations of the essence of a conch shell and the universal resonances of the gong.

## CRYSTAL LOVE

Iasos

Iasos, P. O. Box 479, Waldo Pt., Sausalito, CA 94965

Crystal\*White\*Fire\*Light

Dazzling sweeps of shimmering sound designed by Iasos and the Beings for whom he serves as an earth transmission point "to accelerate one's forcefield into crystalline octaves of consciousness and to accelerate one's emotional body into crystalline octaves of joy." Advanced.

The mystery of sound is mysticism; the harmony of life is religion. The knowledge of vibrations is metaphysics, and the analysis of atoms science; and their harmonious grouping is art. . . Music is called a divine or celestial art, not only because of its use in religion and devotion, and because it is in itself a universal religion, but because of its fineness in comparison with all other arts and sciences. Every sacred scripture, holy picture or spoken word, produces the impression of its identity upon the mirror of the soul; but music stands before the soul without producing any impression of this objective world, in either name or form, thus preparing the soul to realize the Infinite.

Hazrat Inayat Khan

Every sound we  
make creates a  
new universe of  
itself, perhaps  
brief to us, but  
eternal to those  
within it.

Buddy Comfort



# M A N T R A

Traditional, (mostly) Eastern, cyclic religious chanting.

Concentration frees the mind for union.  
Old Hindu Sutra

## CHO-GA: TANTRIC AND RITUAL MUSIC OF TIBET

Tibetan Monks from Northern India & Nepal  
Dorje-Ling Records, Box 1410, San Rafael, CA 94902  
Chi-lu

The sounds of the mountain moving. Real, authentic, terrific recordings, a variety of music.

## TIBETAN RITUAL MUSIC

Lamas and Monks of Tibet  
Lyricord LLST-7181

Invocation of Gampo  
Deep choruses of Tibetan monks.

## AHI

Bhagavan Das  
Pacific Arts PACR 7-111  
Ahi

Bhagavan Das, son of Laguna Beach. Eastern seeker, ancient soul, sings with his heart to the Cosmic Mother. A one disc reissue of the original two-record set.

## THE RADHA KRSHNA TEMPLE

The Radha Krshna Temple, London  
Apple SKAO-4476

Mantra meets folk rock. Produced by George Harrison.

(Hans Jenny, in the research he called Cymatics, the study of the interrelationship of wave-forms with matter) . . . built a 'tonoscope' which transforms sounds uttered into a microphone into their visual representation on a screen. The sacred Hindu syllable *Om*, when correctly uttered into the tonoscope, apparently produces the circle *O*, which is then filled in with concentric squares and triangles, finally producing, when the last traces of the *m* have died away, a *yantra*—the formal geometrical expression of sacred vibration which is found in many of the world's religions . . . Here . . . is . . . evidence to suggest that the script—where it remains—of sacred, liturgical languages (such as High Javanese or Hebrew) bears a much closer resemblance to its forms in the tonoscope than do the commonly spoken languages of today. If confirmed, this supports the theory that liturgical language and music supplied not only a special vocabulary through which the ancient priest classes could speak of different realities, but a vocabulary which itself resonated to the vibrations it described.

Lawrence Blair, *Rhythms of Vision*

Every sound has  
its echo in the  
Universe.

Pir Vilayat Inayat  
Khan

# M E D I T A T I V E

Music consciously created to lead you in.

## THE HEALING JOURNEY

Rafael  
Emmett Miller, M.D., 945 Evelyn, Menlo Park, CA 94025

Breathing Music

An unusually beautiful healing journey of the heart. Piano, chorus, flutes, zither, violins and tamboura. Extraordinarily moving, deeply releasing, with some powerful moments of emotional transcendence.

## THE SEA OF BLISS

Don Slepian  
Plumeria, I. M. Music Distributors, P. O. Box 54, Kailua, HI 96734

The Sea of Bliss, The Ocean of Peace  
First album of meditative electronic music from an artist we feel has tremendous skill and potential. His music is already at the level of sonic and musical integration which few achieve—simultaneously stimulating and effervescent and soothing and profound. Programmed/performed on an advanced digital synthesizer.

## VIBRATIONAL ENVIRONMENTS #1: ANGELIC MUSIC

Iasos  
Iasos, P. O. Box 479, Waldo Pt., Sausalito, CA 94965

The Angels of Comfort, Angel Play  
The Angels of Comfort is truly that—soothing, peaceful immersion into galactic love. Angel Play is correctly described as having "an ethereally-playful feeling that tends to act as an emotional 'tenderizer'—softening and delicatizing any hardened emotions into greater pliability and sensitivity."

## MUSIC FOR ZEN MEDITATION

Tony Scott  
Verve V6-8634

entire album  
A classic album of music for clarinet, shakuhachi and koto to clear your mind and your space.

## SONG OF THE GOLDEN LOTUS

Swami Kriya Ramananda  
Satsanga Fellowship, Box 6165, Chicago, Illinois 60680

Devata, Song of the Golden Lotus, Wu Wei

One of the deepest and most beautiful albums of meditation music we have encountered. (See review under Mystical Vibratory Experiences.)

## BHAGWAN SHREE RAJNEESH

BSR-1  
Through Rajneesh centers. May be out of print.

Dervish Dancing (Sufi Whirling Meditation)  
Harmonium/vocal/electronic music designed for Sufi whirling meditation, can be used for any form of meditation which is at once centered and expanding. This album was put together in California, we are told, from music supplied by Chaitanya Hari Deuter.

## SONIC PERFUME #2

Don Slepian  
Plumeria, I. M. Music Distributors, P. O. Box 54, Kailua, HI 96734

Awakening, Open Spaces  
Don Slepian's second album. Similar music to Sea of Bliss in its cascading, layered toneworlds and its depth and beauty.

## MUSIC OF THE SPHERES

Liv Singh Khalsa and Sat Want Kaur Khalsa  
Guru Ram Das Recordings, P. O. Box 13054, Phoenix, AZ 85002

entire cassette  
Side one features bells, tamboura, spacey flute, recorder, guitar and harmonium. Side two extends the meditation with a subtly changing drone that sounds electronic, but isn't. Both pieces are in Rag Bhairo and create a gentle, serene ambience. Good for meditation or just psycho-deceleration.

*Sama . . . means literally 'hearing.' It is music used for travel purposes. Not for the mind to wander or fantasize, but with concentration to soar—out of this world into the unseen, and from there to the limits of the spatial . . . It is the heart's journey to the heart of the heart.*  
*The Habibiyya*



*What is wonderful about music is that it helps man to concentrate or meditate independently of thought; and therefore music seems to be the bridge over the gulf between form and the formless. If there is anything intelligent, effective and at the same time formless, it is music. Poetry suggests form, line and colour suggest form, but music suggests no form. It creates also that resonance which vibrates through the whole being, lifting the thought above the denseness of matter; it almost turns matter into spirit, into its original condition, through the harmony of vibrations touching every atom of one's being.*

*Beauty of line and colour can go so far and no further; the joy of fragrance can go a little further; but music touches our innermost being and in that way produces new life, a life that gives exaltation to the whole being, raising it to that perfection in which lies the fulfillment of man's life.*

Hazrat Inayat Khan

### SOUND OF THE GONG

**S. S. Nanak Dev Singh Khalsa**

Guru Ram Das Recordings, P.O. Box 13054, Phoenix, AZ 85002

entire cassette, especially Side 2

A long and very powerful meditation with the ancient sound used in mystical traditions to experience the realms of the unknown. Excellent sound quality in production and cassette reproduction allows the subtle tones within the sound of the gong to emerge and shimmer.

### KUTHUMI

**Joel Andrews**

Joel Andrews, 245 East Mountain Ave., Santa Barbara, CA 93108

entire album

The Ascended Master channeled powerfully in a solo harp meditation through Joel Andrews.

### HYPERGNOSTIC MEDITATION

**Arica**

cassette #801, Arica Institute, 235 Park Ave. South, New York, N.Y. 10003

Hip, spacey, rhythmic movement meditation album.

### MUSIQUE POUR LE REVE ET L'AMOUR (MUSIC FOR DREAM AND LOVE)

**Ariel Kalma**

SACEM A 888, Eurock Distributors, P.O. Box 4181, Torrance, CA 90510

RELATED MUSIC

### SRI CHINMOY PLAYS THE ESRAJ

**Sri Chinmoy**

Sri Chinmoy Center, 2438 16th Avenue, San Francisco, CA 94116

## ON MEDITATIVE MUSIC

Only the rarest forms of . . . music can maintain a flowing continuity, bring about a yielding introversion, extend an acoustic germcell like a mantra into infinity. Only a few products of this kind have the shape and the power, not to lead the listener into insensibility, but to evoke a contemplative self-absorption.

With meditation now very much a la mode, the concept of 'meditative music' is as yet ill-defined, and . . . it soon becomes obvious that any slow, gentle music is immediately dubbed 'meditative.' The concept has been made fun of, primarily by those who have never meditated in their lives, and who link meditation with all sorts of vague notions: drugs, hashish, cosmos, ecstasy, trance. Electronic horror-noises and Buddhist mantra-settings are, for many, one and the same. No wonder that the confusion has arisen: most musicians are themselves not quite clear as to what 'meditative music' really is. Does it even exist?

If one knows how to meditate, and has the necessary patience to press forward into deep inner levels, one listens inwardly, and exterior sources of sound are scarcely perceived at all. He who meditates hears no music. Nonetheless music can provide a meditative point of departure, and in particular can remove one's inner restlessness in the initial stages, quieten the ceaseless reasoning and cogitating. Music can provide a ritual such as may be needed in the early stages to stop oneself running away and to enable one to become really still. Music can also serve as an aid and a tool for relaxation, concentration and the achievement of inner quietness.

Now most of the music which is today categorised as 'meditative' is merely a form of imagery recounting the musician's own spiritual experiences and visions, describing 'the universal consciousness, the cosmic joy' and eagerly using it as an occasion for subjective music — music which, to the 'uninitiated' outsider, can seem naive, rhetorical, intoxicated or just rubbish. And with a few exceptions the meditator — he who really sits and is still and silent — cannot 'use' this music anyway. The only exception would be an improvisatory or contemplative music which is not about meditation and the self and God at all . . . but which is itself capable of being a vehicle, energy-form and magic force for spiritual self-absorption, a music which has no predetermined, stylistic function to perform, but which flows endlessly and will not be listened to as one listens to Classical music — indeed, which is not there to be perceived at all, but which works by virtue of its own inner laws, as soon as the listener learns how to open himself totally to it. It carries him away — to himself."

Peter Michael Hamel, *Through Music to the Self*



# R A G A

and other Eastern classical music.

*In India there are vina players who do not need to play a symphony in order to exert an influence, in order to produce a spiritual phenomenon. They only have to take the vina in their hand and strike one note. As soon as they strike one note it penetrates through and through; in striking one or two notes they have tuned the audience.*

*Hazrat Inayat Khan*

## MUSIC FOR MEDITATION

**All Akbar Khan**  
Connoisseur Society CS-2063  
Bilaskhani Todi (alap)

An alap in 15 parts by the master of the sarod.

## RAGA BHUPALI: SACHDEV IN CONCERT

**G.S. Sachdev**  
Unity Records UR-600  
side 1 (alap)

North Indian evening raga, sensitively rendered by a master of the Indian bamboo flute.

## SARANGI/ THE VOICE OF A HUNDRED COLORS

**Ram Narayan**  
Nonesuch Explorer H-72030  
Nand-Kedar

Beautiful and deeply meditative raga by one of the foremost virtuosi of the sarangi, an Indian microtonal cello.

## A BELL RINGING IN THE EMPTY SKY

**Goro Yamaguchi**  
Nonesuch H-72025  
Koku-Reibo (Bell Ringing in the Empty Sky), Sokaku-Reibo (Depicting the Cranes in Their Nest)

Great beauty and purity of traditional Japanese religious music. It is said that a single note of the shakuhachi can lead one directly into Nirvana.

*For Indian music, as for the performer himself, it is much more important that the public should be able to listen with the heart, rather than observe the musical development or 'appreciate' the music critically and dispassionately. In the West this attitude is commonly confused with 'emotionalism' and much pompous misrepresentation is associated with it. This 'listening with the heart' is nevertheless a very aware condition requiring both receptivity and the faculty of conscious, discriminating perception.*

*Peter Michael Hamel*

## RAG YAMAN KALYAN

**Pandit Pran Nath**  
Shandar SR 10 007

This Indian master singer has had a great influence on several well-known American avant garde musicians, especially Terry Riley and LaMonte Young. His powerful singing represents the deepest traditions in Indian classical music.

## JAVANESE COURT GAMELAN VOL. II

**Nonesuch Explorer H-72074**  
Gending Bonang Babar Layar  
Slow, regal, deep-toned gamelan piece.

## BANSURI: THE INDIAN FLUTE

**G. S. Sachdev**  
Phillips 6405 611  
Early album recorded in India. Traditional raga—flute, tamboura and tabla.

## YOGA

**Popul Vuh**  
Cosmic Couriers pld. SQ-6606  
Real Indian music by Indian musicians, excellently recorded in Germany by the leader of Popul Vuh.

## THE DAGAR BROTHERS: TWO RAGAS

**Dagar Brothers**  
Musicaphon BM 30L-2018  
Raga Asavari, Raga Bhairavi  
Two really fabulous Indian singers.

# WORLD FUSION

The evolving synthesis—in form and instrumentation—of Western and traditional world musics.

## TIBETAN BELLS I

**Henry Wolff and Nancy Hennings**  
Island SMAS-9317

entire album, especially A Choir of Bells  
The original creative rediscovery of the bells by Western artists. Certainly a classic with timeless excellence. "It is the sound of the void." — H. H. Karmapa, Sikkim.

## TIBETAN BELLS II

**Henry Wolff and Nancy Hennings**  
Celestial Harmonies 006

Journey to the End, The Endless Journey (entire album)  
Some of the highest sounds that can be brought onto the physical plane. Produced with great depth of understanding, this album actually improves upon its predecessor. A complete metaphysical journey. Very highly recommended.

## DHARANA

**Between**  
Wergo SM-1011  
Om Namo Buddhaya. Listen to the Light, Sunset, Dharana

Dharana means deepest inner collection and concentration. The third album from Peter Michael Hamel and Between, in conjunction with a symphony orchestra, it is haunting and evocative of the delicate ether sounds of the spheres and massive sounds of the earth. Recommended.

## NIGHT MUSIC

**William Maraldo**  
unpublished tape  
entire work

Entrancing Indian/electronic fusion improvised around 1970 by musicians collected in the San Francisco Bay Area, including Terry Riley, Jordan Stenberg (de la Sierra) and others.

## RAGA MALCONCHE

**Tantric Research Institute**  
unpublished tape  
Live recording of a 1973 Berkeley concert of an ensemble of young Western musicians playing a beautiful fusion of Indian raga and Western improvisation.

## FLOATING WORLDS

**Future Primitives**  
Chin Hua Music, 2503 24th St., San Francisco 94110  
The Emerald Mermaid's Reflection, Cloud Script, The Night Sky in October  
Exotic and beautiful compositions for cheng, zither, sitar, sarangi, bowed vioella, flutes, voice.

## AMAZING GRACE

**Amazing Grace**  
unpublished tape  
Tamboura Meditation  
Very deep meditation for two large tambouras played by members of this now dispersed group. An amazing and powerful sound.

## IF MAN BUT KNEW

**The Habibiyya**  
Island SW-9395  
Two Shakuhachis, Koto Piece, Mandola  
Western Sufis playing and singing Eastern influenced music—"the heart's journey to the heart of the heart." Recently reissued.

## SONG OF THE SEASHORE

**James Galway**  
RCA ARL-13534  
Virtuoso Western flautist meets Japanese string orchestra to produce this album of traditional and popular Japanese melodies. A bit oversweet in places but mostly just wonderful.



Those contemporary musicians and explorers of the inner world that have incorporated mystical-magical, spiritual, and metaphysical elements in their music . . . have contributed considerably to the integrative encounter with the Far East and to the shedding of acoustic light on man's esoteric knowledge. They could be the founding fathers of an entirely new form of world-music, now in its earliest infancy.

Peter Michael Hamel

### VISIONS OF A PEACEFUL PLANET

#### Ancient Future

Ancient Future, 12 Maple Ave., Kentfield, CA 94904  
Zzaj

A good record by a Marin County acoustic group—drawn mostly on Indian, Balinese and jazz influences. Our thanks to Ancient Future's principal musicians, Mindy Klein and Matthew Montfort, for creating the term, "world fusion music."

### COSMIC CONSCIOUSNESS: PAUL HORN IN KASHMIR

#### Paul Horn

World Pacific WPS-21445

Raga Kerwani

Recorded in India with Indian virtuoso soloists.

### DREAM SUITE

#### Light Rain

Magi 002; Magi, P. O. Box 356, Larkspur, CA 94939  
Sundown Silhouette

California/Middle Eastern dance music. Undulate your way to total bliss. A great group.

### PERSIAN SONGS

#### Minoo Javan

JEI, 2040 Avenue of the Stars, Suite 400, Los Angeles, CA 90067

Shir Ali Mardan, Nesa Nesa, Dokhtare Boyer Ahmadi

Persian romantic music with orchestral settings. Minoo Javan's voice will affect you. "The Judy Collins of Iran."

### SPRING FLOWERS

#### Vasant Rai

Vanguard VSD-79379

Leaving Home

Jazz/Indian fusion by a fine Indian musician playing with members of Oregon.

### DIGA

#### Diga Rhythm Band

United Artists RX-LA600-G/RX-1110

Magnificent Sevens

A unique album if you can find it. Mickey Hart of the Grateful Dead produced and recorded an ensemble of virtually all of the virtuoso Indian/American drummers and percussionists in the Bay Area, with contributions by Jerry Garcia on guitar. Happiness is Drumming says it all. Beautiful cover art by Jordan de la Sierra.

### THE RADHA KRSHNA TEMPLE

#### The Radha Krishna Temple, London

Apple SKAO-4476

Govinda

Mantra folk-rock, produced by George Harrison. A classic that wears well.

### HEALING SOUNDS

#### Dr. Christopher Hills and the University of the Trees Choir

CH 24, University of the Trees Press, P. O. Box 644, Boulder Creek, CA 95006

Side 1, Srutis

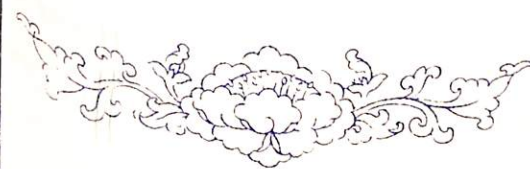
Srutis are high frequency harmonics to certain sounds with profound effects on consciousness and the power, it is said, to disperse blockages in the energy system. This is a tape of srutis which appear ringing over the chanting of the University of the Trees Choir.

### A MEDITATION MASS

#### Yatha Sidra

Brain Metronome 1045 (probably out of print)  
Part I

German space-rock/Eastern dance music.



There are musicologists in the East who are . . . telling me interesting things about how the grid of the Balinese gamelan—the tuning of their instruments—is, in a way, a mirror image of the tonality of Western music . . . They are playing what in our culture is left as the spaces.

Lawrence Blair

### HEAR TO ETERNITY

#### Steven Jason Halpern

HS 793, Halpern Sounds, 620 Taylor Way, #14, Belmont, CA 94002

Sahara Sunrise, Incan Connection, Moonlight on the Ganges, Eternal Choir, Invocation, From Morocco to Benares, Oasis, Desert Wing

Steven Halpern uses ancient and electronic instruments to reproduce timeless consciousness-altering sounds—from the past, the present and the future—threaded together with Moroccan flute. The first four selections, evocative and mysterious, could well be called Contemporary Ancient.

### RELATED MUSIC

### DO'A: ORNAMENT OF HOPE

#### Ken La Roche, Randy Armstrong

Philo 900, Philo Records, The Barn, N. Ferrisburg, VT 05473

### DO'A: LIGHT UPON LIGHT

Philo 1056, Philo Records, The Barn, N. Ferrisburg, VT 05473

### DAS HOHELIED SALOMOS (SACRED SONGS OF SOLOMON)

#### Popul Vuh

United Artists UAS 29-7811  
Du Schönte der Wieber, Du Solem Davids I



# NEW AGE

We use this phrase only to describe contemporary songs whose lyrics contain New Age philosophy or concepts.

## ROOTS AND WINGS

**Sande Hershman**

Roots and Wings, 234 Hawthorne, Larkspur, CA 94939

Blessed, Dream Song

Sande's voice is truly angelic. Blessed is one of the most beautiful "new age" songs out so far.

## THE SUFI CHOIR

**The Sufi Choir**

Akashic Records; Sufi Islamia Ruhaniat Society, 410 Precita Ave., San Francisco, CA 94110  
23rd Psalm

First album by the original Sufi Choir, containing some joyful, celebratory music. 23rd Psalm bursts into dance.

## CRYIN' FOR JOY

**The Sufi Choir**

Sufi Islamia Ruhaniat Society, 410 Precita Ave., San Francisco, CA 94110

The Soul's Song to Itself, Gone

Evocative, original songs of the heart, creatively arranged by Allaudin Mathieu.

## SWAHA

**Bhagavan Das & Amazing Grace**

c/o Hanuman Tape Library, Box 61498, Santa Cruz, CA 95061

Mother Song, Born on the Wings of a Dove, Blazing My Heart, Yah Devi, Let My Heart Fly Open

Devotional folk: great heartpourings of song by Western devotees of Neem Karoli Baba. Indian music influences.

Musicians are focalizers for a highly concentrated form of energy, an energy which affects those who experience the music on many levels of being. As we attune to unconditional love, to our highest Self, to the indwelling Spirit, this becomes the level upon which our music is based. As we become clearer channels of inner harmony, our intention for peace is extended through our music, and through our relations with each other. The spirit of cooperation replaces the need for competition as we come into balance with ourselves, and our music reflects how we feel about ourselves. The New Age is experienced in the presence of such musicians, and upon listening to such music.

Maitreya Stillwater

We really are at a multidimensional crossroads. Sometimes at those moments when you don't know what to do with the situation in the world, when you can't see your way out, when it doesn't make any sense, when I say, what can I really do in the face of all this? - Well, I can sing. And I can perhaps encourage other people to sing. People together focusing their energy in that way, singing words that are affirming the positive, is an act of creation. The voice is a tool of creation. The words that we speak, the words that we sing, the thoughts that we have, do have an effect on the world.

Sande Hershman

## AN ALBUM OF ORIGINAL MUSIC

**Dennis Wilcox**

Goldust LPS-163

Snow on a Mountain, It's All the Same

Poetic, reflective songs of the spiritual search by folksinger Dennis Wilcox.

## SEEDS OF PEACE

**Stephen Longfellow Fiske**

Fiske Music, 635 California Ave., Venice, CA 90291

Beethoven Raga

A fine debut album from a veteran singer/songwriter from California New Age circles.

## WINDS OF BIRTH

**The New Troubadours**

The Lorian Association, P. O. Box 1095, Elgin, IL 60120

The River, Canticle

Songs inspired by the cosmic and interpersonal energies of the Findhorn Community in Scotland. New Age philosopher David Spangler collaborated on the lyrics and sings in the group.

## SONS OF THE 10TH GURU

**The Khalsa String Band**

NR-4108

O Guru Ram Das, Flowers in the Rain

Lyrical devotional songs by disciples of Yogi Bhajan.

## STONE IN THE SKY

**The Sufi Choir**

Sufi Islamia Ruhaniat Society, 410 Precita Ave., San Francisco, CA 94110

Stone in the Sky

Light and high, a good song to start the day with.

## ALL I SEE IS YOU

**Rabindra Danks**

Takoma/Devi D-1036

Lord, Lord, Lord; Lord's Sweet Name

One of the most professional sounding devotional albums by a veteran (originally Scottish) singer/songwriter. Way too hip for 1973. Really excellent recording and music, produced by John Fahey.



Yet with the woes of sin and strife  
The world has suffered long;  
Beneath the heav'nly strain have rolled  
Two thousand years of wrong;  
And man, at war with man, hears not  
The tidings which they bring;  
O hush the noise, ye men of strife  
And hear the angels sing.

For lo! the days are hast'ning on,  
By prophets seen of old,  
When with the ever-circling years  
Shall come the time foretold,  
When peace shall over all the earth  
Its ancient splendors fling,  
And the whole world give back the song  
Which now the angels sing.

*It Came Upon a Midnight Clear*, Edmund H. Sears, 1846

#### RELATED MUSIC

##### EVENING SONG

**Marcus Allen, Bobbin Zahner & Peter Dupont**  
WA-102, Whatever Publishing, 158 E. Blithedale,  
Suite 4, Mill Valley, CA 94941

##### SEEDS/HYMNS FOR A NEW AGE

**Marcus Allen & Summer Raven**  
Whatever WA-101, Whatever Publishing, 158 E.  
Blithedale, Suite 4, Mill Valley, CA 94941  
Prayer in a Dream

##### WINGS OF PRAYER

**Maltreya Stillwater**  
Heavensong, Box 605, Corte Madera, CA 94925  
(cassette)

##### ONENESS SPACE

**Love Band**  
Living Love-1  
Sweet Surrender

##### SET YOUR HEARTSONG FREE

**Maltreya Stillwater**  
Heavensong, Box 605, Corte Madera, CA 94925  
(cassette)

##### AWAKENING

**Heng Yin**  
Wondrous Sound Music, City of Ten Thousand  
Buddhas, Box 217, Talmage, CA 95481

##### FULL MOON LIGHT

**Sky Sulamyth**  
7th Ray Productions, P. O. Box 3771, Hollywood, CA  
90028

## COSMIC FOLK

Expanded-consciousness, though musically traditional  
folk songs not about freight trains, farming or da blooz.



##### CIRCLES IN THE STREAM

**Bruce Cockburn**  
High Romance Music ILT9475  
entire album

A double live album of Bruce Cockburn in concert.  
This wonderfully sensitive Canadian Christian/earth  
mystic is one of the most sophisticated artists in the  
area of folk/jazz chamber music. A great record start  
to finish with most of his best songs.

##### HIGH WINDS, WHITE SKY

**Bruce Cockburn**  
True North TN 3  
Let Us Go Laughing, Love Song, One Day I Walk,  
High Winds/White Sky, You Point to the Sky, Shining  
Mountain  
Fresh, simple and beautiful album.

##### TRUE NORTH

**Bruce Cockburn**  
Epic E-30812  
Thirteenth Mountain, Spring Song  
From a simple early album, these deep and poetic  
lines:

"Is only I man seeking one love  
Searching vainly for excuse  
among the stars above  
Eyes too tired to see  
The rivers flowing 'neath the ice  
And too numb to see the purpose  
behind knowing . . ."

##### TELLURIAN LULLABY

**Buddy Comfort**  
In production  
With Love, Angels in Embryo, Galadriel  
Long-awaited album from this excellent musician  
and superior singer, a twentieth century balladeer  
whose work is described as mellow baroque-folk  
with an infusion of jazz, North Indian and medieval.  
Buddy Comfort is a refined soul and a radiant heart,  
whose songs touch deeply.



Playing your music in starlight  
Weaving these words like a dream  
Drinking from the cup of your sweet, sweet eyes  
O Mystery Lady, how you sing!

Your vina sings such a sweet sound  
To my heart in tune with your song  
Lover of my life, O Music, come down  
Draw me for loving to you . . .

Music, sweet Music, come take me  
Flying so high on your love  
Winged bright angel of beauty  
One guide, one light, from above. . . .

Usman Friedman  
Sung by Buddy Comfort

## RENAISSANCE OF THE CELTIC HARP

Alan Stivell  
Polydor 2424 069

entire album, especially Ys and Marv Pontkalleg  
A beautiful, fluid instrument with great expressive  
potential. Traditional songs, rendered beautifully. A  
classic.

## THEME FROM 'THE LIGHT OF EXPERIENCE'

Gheorghe Zamfir  
Epic EDC-81638

Theme from 'The Light of Experience'

Virtuoso pan-pipist Zamfir overflowing with sweet,  
slightly sad, longing. The rest of the selections are  
outrageously joyful dances.

## ICE FLOWERS MELTING

Sylvan Grey  
Kantele Recording, P.O. Box 655, Larkspur, CA  
94939

Original improvisation on the Finnish kantele (folk  
harp), a sound that is precarious, crystal-like,  
meditative.

## RELATED MUSIC

### REFLETS

Alan Stivell  
Fontana 6325-340  
Suite des Montagnes, Marig ar Pollanton, Broceliande

### SUNWHEEL DANCE

Bruce Cockburn  
Epic KE-31768  
Sunwheel Dance, Life Will Open, It's Going Down  
Slow

### FINGERS AKIMBO

Michael Stenwood, Bruce Bowers  
Biscuit City BC 1319  
The Buttonwillow

# SPIRITUAL POP

Contemporary popular songs which directly or  
indirectly speak of spiritual or religious experience.

## HEART FOOD

Judee Sill  
Asylum SD-5063

The Kiss, The Pearl, The Donor  
An excellent and now out-of-print album composed,  
produced, arranged and performed by Judee Sill.  
The poetry of the lyrics continues to unfold after  
years of listening.

## JUDEE SILL

Judee Sill  
Asylum SD 5050 (out of print)  
Crayon Angels, Lady-O, Lopin' Along Through the  
Cosmos, Abracadabra  
Multitalented woman who writes, arranges,  
conducts and sings the songs on this album. Worth  
buying if you see it.

## JUDY MAYHAN

Judy Mayhan  
Decca DL 75287 (out of print)  
Freest Fancy, I've Been the One, Mythical Kings and  
Iguanas, Dolphins, Sweet Reason, He Gives Us All His  
Love

As with her first album, if you see it in a used record  
bin, buy it. That depth of emotion and experience is  
rarely so subtly expressed in a voice.

## MOMENTS

Judy Mayhan  
ATCC SD 33-319 (out of print)  
Shinin', Dream Goin' By, Begin Again, I Shall be  
Released  
Extraordinary woman whose voice contains ages.  
Wonderful album, sadly out of print.

## ILLUMINATIONS

Buffy St. Marie  
Vanguard VSD-79300  
God Is Alive/Magic is Afoot, The Angel, Poppies  
Good album. The Angel is very wise. Excellent early  
use of electronic music techniques in pop songs.

## FACES

Shawn Phillips  
A&M 4363  
L'Ballade  
A Hearts of Space standard. Still beautiful after years  
of playings.

## WATER BEARER

Sally Oldfield  
Chrysalis 1121  
entire album  
A mythic concept album loosely based on J.R.R.  
Tolkien's Ring Trilogy, remarkable in the complexity  
and breadth of allusion and in the virtuosity of  
instrumentation and arrangement. Produced and  
performed by Sally Oldfield. And you can dance to it.

## PHOENIX

Dan Fogelberg  
Epic FE 35634  
Along the Road  
An especially fine album throughout from this gifted  
popular singer/songwriter contains this beauty.



*Music attracts the angels in the universe.*

*Bob Dylan*

### MOONSHOT

**Buffy St. Marie**  
Vanguard VSD-79312  
Moonshot

Moonshot is a good alternative to the space program — one of the best songs about inner space travel.

### CHANGING WOMAN

**Buffy St. Marie**  
MCA 451

Eagle Man/Changing Woman, Nobody Will Ever Know It's Real But You

As always, sensitive, perceptive, with a few spacey romantic gems.

### IT'S IN EVERYONE OF US

**David Pomerantz**  
Arista AL 4053

It's in Every One of Us

A musically excellent album by this underrated artist with lyrics grounded in human potential philosophy. It's in Every One of Us has become somewhat of a banner song of that movement.

### ESSENCE TO ESSENCE

**Donovan**  
Epic KE-32800

There is an Ocean, The Dignity of Man, The Divine Daze of Deathless Delight, Sailing Homeward  
Essence of the '60s vision, pure of heart. Good music. This was Donovan's long-awaited "spiritual" album. It was too late, but it's great that he did it.

### SHORT STORIES

**Vangelis/ Jon Anderson**  
Polydor Deluxe, POLD 5030

I Hear You Now, The Road, Love Is, One More Time, A Play Within a Play

A perfect collaboration — songs by Jon Anderson of YES, music and orchestrations by Vangelis. Superb.

### ALL THINGS MUST PASS

**George Harrison**  
Apple STCH 639

Beware of Darkness

A most affecting song from George Harrison's first overtly "spiritual" album.

### LIVING IN THE MATERIAL WORLD

**George Harrison**  
Apple SMAS-3410

Be Here Now, That Is All

Two more good ones.

### STORMBRINGER!

**John and Beverly Martyn**  
Warner Bros. WS-1854

The Ocean

English folk/rock duo from early Donovan era with a very excellent album.

### RESOLUTION

**Andy Pratt**  
Nemperor NE 438

Some Things Go On Forever

Excellent album by an aware writer on the subject of growth and relationships.

### POUR DOWN LIKE SILVER

**Richard & Linda Thompson**  
Island ILPS-9348

Night Comes In, Dimming of the Day

English folk/rock duo.

### WHALES AND NIGHTINGALES

**Judy Collins**  
Elektra EKS 75010

Amazing Grace, Nightingale II

Amazing Grace, a capella and with choir, is one of the most moving versions of the hymn.

### GOODBYE YELLOW BRICK ROAD

**Elton John**  
MC2-10003s

I've Seen That Movie Too

A cosmic ballad from the mature Elton John.

### STEVIE WONDER'S JOURNEY THROUGH THE SECRET LIFE OF PLANTS

**Stevie Wonder**  
Tamla T13-371C2

The Secret Life of Plants, Ecclesiastes

Such a good album! Stevie Wonder is a gift.

### SIDDHA: A VERY GENTLE FORCE

**Siddha**

Julasi Manjari Record Co., P.O. Box 745, Corte Madera, CA 94925

Lovely One

Vision of Krishna . . . dreamlike . . . offered gently. Beautifully produced.

### COMMON ONE

**Van Morrison**  
Warner Bros., BSK-3462

When Heart Is Open

Another wonderful album in the fascinating, unfolding mystic journey of this great popular artist.

### RELATED MUSIC

### MAGICIANS

**Jesse Morrow**  
unpublished demo album

Magicians

### WHITE ROCK

**Rick Wakeman**  
A&M SP-4614

The Loser

### PRIMORDIAL LOVERS

**Essra Mohawk**

Reprise 6377

Looking Forward to the Dawn

### CHI COLTRANE

**Chi Coltrane**  
Columbia KC 31275

The Wheel of Life

### BACK ROADS

**Kate Wolf & The Wildwood Flower**  
Owl Records OL-001

The Redtail Hawk, Back Roads



"Come take my hand  
You should know me  
I've always been in your mind  
You know I will be kind  
I'll be guiding you . . .

From where I stand  
You are home free  
The planet's aligned so rare  
There's promise in the air  
And I'm guiding you . . .

You have to believe we are magic  
Nothing can stand in our way  
You have to believe we are magic  
Don't let your aim ever stray  
And if all your heart survive  
Destiny will arrive  
And bring all your dreams alive  
For you."

Magic, John Farrar  
Sung by Olivia Newton-John

### REFUGEES

Rachei Faro  
RCA CP-0689  
Time Passes Slowly, Amazing Grace

### LOVING AND FREE

Kiki Dee  
MCA 395  
Loving and Free

### SING CHILDREN SING

Lesley Duncan  
Columbia C-30663  
Sing Children Sing, Love Song

### INNERVISIONS

Stevie Wonder  
Tamla T326L  
Visions

### ELTON JOHN

Elton John  
DJM Records DJLPS 406  
I Need You to Turn To

### GHOSTS

Strawbs  
A&M SP-4506  
Starshine/Angel Wine

### WHO CAME FIRST

Peter Townshend  
MCA DL-79189  
Content, Parvardigar

### SURF'S UP

The Beach Boys  
Brother Records (Warner Bros. Dist.) RS-6453  
Feel Flows

### FULFILLINGNESS FIRST FINALE

Stevie Wonder  
Tamla T6 332S1  
Heaven is 10 Zillion Light Years Away

### A SONG FOR YOU

Bill Medley  
A&M SP-3505  
A Song for You, Somewhere, The Long and Winding Road

### SEVENTH SOJOURN

Mundy Blues  
Threshold THS-7  
New Horizons, Land of Make Believe

### TEA FOR THE TILLERMAN

Cat Stevens  
A&M SP-4280  
Into White, Morning Has Broken

### BUDDHA AND THE CHOCOLATE BOX

Cat Stevens  
A&M SP-3623  
Oh Very Young

### THE BEST OF DONOVAN

Donovan  
Hickory LPS-149  
Catch the Wind

### CATCH BULL AT FOUR

Cat Stevens  
A&M SP-4365  
Silent Sunlight

### IMAGINE

John Lennon  
Apple SW-3379  
Imagine

### MOONDANCE

Van Morrison  
Warner Bros. 1835  
Into the Mystic

### SPIRIT

John Denver  
RCA APL-1-1694  
The Wings that Fly Us Home

### LET IT BE

Beatles  
Apple AR-34001  
Across the Universe, Let It Be

### THE DREAM WEAVER

Gary Wright  
Warner Bros. BS-2868  
Dream Weaver



Everything you do is music  
And everywhere is the best seat.

—John Cage

# HOME FREE

Dan Fogelberg  
Columbia KC-31751  
To the Morning

# FLEETWOOD MAC

Fleetwood Mac  
Warner Bros. MS-2225  
Crystal

# IN THE FALLING DARK

Bruce Cockburn  
True North ILTN-9463 (dist. by Island)  
In the Falling Dark, Lord of the Starfields

# SGT. PEPPER'S LONELY HEARTS CLUB BAND

Beatles  
Capitol SMAS-2653  
Within You/Without You

# L'HEPTADE

Harmonium  
Le Cinq Saison

# SHINE ON BRIGHTLY

Procol Harum  
A&M 4151  
In Held T'was I

# MUSIC FROM BIG PINK

The Band  
Capitol SIC-AO 2955  
I Shall Be Released

# SUNSHINE SUPERMAN

Donovan  
Epic BN 26217  
Guinevere, Legend of a Girl Child Linda

# ENDLESS FLIGHT

Leo Sayer  
Warner Bros. BS-2962  
Endless Flight, When I Need You

# THE VELVET UNDERGROUND

The Velvet Underground  
MGM SE-4617  
Jesus

# SLOW TRAIN COMING

Bob Dylan  
CBS FC 36120  
When He Returns, Do Right, Baby, (Do Unto Others),  
When You Goin' to Wake Up?, Man Gave Names to  
All the Animals, I Believe in You, Slow Train Comin

# TUSK

Fleetwood Mac  
Warner Bros. ZHS 3350  
Storms, Sarah

# BLUE AQUARIUS

Blue Aquarius  
Gospel Truth GTS-2725 (out of print)  
At the Feet of the Master

# ON THE THRESHOLD OF A DREAM

Moody Blues  
London DES-18025  
The Voyage

# JONATHAN LIVINGSTON SEAGULL

Nell Diamond  
Columbia JS-32550  
Hymn (edited)

# PATRICK MORAZ

Patrick Moraz  
Atlantic SD-18175  
Best Years of Our Lives

# SANDY

Sandy Denny  
A&M SP-4371  
Quiet Joys of Brotherhood, It'll Take a Long Time

# FULL SAIL

Loggins & Messina  
Columbia KC-32540  
Pathway to Glory, Sailin' the Wind

# TRANSCENDENCE

Shawn Phillips  
RCA AFL 1-3028  
Ease Your Mind, Motes of Dust



# COSMIC ROCK

Pink Floyd and their imitators. The Big Sound.

## MEDDLE

**Pink Floyd**  
Harvest SMAS-832

Echoes (last 1/2)

A great track from one of this group's best albums.

## THE DARK SIDE OF THE MOON

**Pink Floyd**  
SMAS-11163

Us and Them

Classic Pink Floyd and one of the biggest rock albums ever. Great sound by Alan Parsons.

## WISH YOU WERE HERE

**Pink Floyd**  
Columbia PC-33453

Shine on You Crazy Diamond I-VII

Supposedly Pink Floyd's tribute to original member Syd Barrett, now in service on other planes. Consistently good music in their mature style.

## CORRELATIONS

**Ashra (Manuel Gottsching, Harald Grosskopf, Lutz Ulbrich)**  
Virgin V2117

Morgana da Capo

German space band with a developed electronic rock style.

## BLACKOUTS

**Ashra**  
Virgin 25686-XOT

Blackouts, 77 Slightly Delayed

More speedy, enjoyable, disposable spacerock from Manuel and the boys.

## GO

**Stomu Yamashta, Steve Winwood, Michael Shrieve and Klaus Schulze**  
Island ILPS-9387

Side A all except Man of Leo

Japanese composer/percussionist attempts a space-rock concept album with generally excellent results. Vocals by Steve Winwood, synthesizers by Klaus Schulze.

## WHO WILL SAVE THE WORLD? ... THE MIGHTY GROUNDHOGS

**Groundhogs**  
United Artists UAS-5570

Amazing Grace

An amazing Amazing Grace, funky and beautiful for organ and electric guitar.

## SPACE ODDITY

**David Bowie**  
RCA LSP-4813

Space Oddity

Great early album with this lost ozone space classic: "Ground control to Major Tom . . ."

## OLIAS OF SUNHILLOW

**Jon Anderson**  
Atlantic SD-18180

Song of Search, Ocean Song

Fantasy concept album by YES vocalist Jon Anderson.

## SOLAR FIRE

**Manfred Mann's Earth Band**  
Polydor PD-6019

Father of Day/Father of Night

An album of Dylan songs reverently re-created in a powerful cosmic rock style.

## RELATED MUSIC

### AGES

**Edgar Froese**  
Virgin VD-2507

Tropic of Capricorn

## ALONE TOGETHER

**Dave Mason**  
Blue Thumb Records BTS-19

World in Changes

## ONE OF THESE NIGHTS

**Eagles**  
Asylum 7E-1039

Take It to the Limit

## BLIND FAITH

**Eric Clapton, Steve Winwood, Ginger Baker, Rick Grech**  
Atco SD33-3048

Presence of the Lord, Can't Find My Way Home

## FOR YOUR PLEASURE . . . THE SECOND ROXY MUSIC ALBUM

**Bryan Ferry, Andrew Mackay, Eno, et al.**  
E.G. Records (Warner Bros.) BS-2696

Strictly Confidential

## VOLUNTEERS

**Jefferson Airplane**  
RCA L-4238

Good Shepherd

## ELDORADO

**Electric Light Orchestra**  
United Artist UA-LA-339-G

Can't Get It Out of My Head

## A NEW WORLD RECORD

**Electric Light Orchestra**  
Jet JZ-35529

Tightrope, Mission, Above the Clouds

As Jerry Garcia told Charles Reich in 1972, "I think basically the Grateful Dead is not for cranking out rock and roll, it's not for going out and doing concerts or any of that stuff, I think it's to get high . . . To get really high is to forget yourself. And to forget yourself is to see everything else. And to see everything else is to become an understanding molecule in evolution, a conscious tool of the universe. And I think every human being should be a conscious tool of the universe. That's why I think it's important to get high."

Dennis McNally, *Meditations on the Grateful Dead*



**SAILOR**

Steve Miller Band  
Capitol ST-2984  
Dear Mary

**TO THE WORLD OF THE FUTURE**

Earth & Fire  
Polydor 2925-033

**HERZ AUS GLAS**

Popul Vuh  
Brain 0060-079

**NIPPON JIN:  
JOIN OUR MENTAL PHASE SOUND**

Far East Family Band  
Vertigo 6370-850  
The Cave

**TENKUJIN**

Far East Family Band  
All Ears FE-11479

**I ROBOT**

Alan Parsons Project  
Arista 7002

**SPACE ART**

Space Art (Dominique Perrier & Roger Rizzitelli)  
If Records 67173

**TRIP IN THE HEAD CENTER**

Space Art  
If Records 67213

**JUMP ON IT**

Montrose  
Warner Bros. BS-2963  
Music Man

**DEAR MR. FANTASY**

Traffic  
United Artists LO-6657  
Dealer

**DREAM ON**

Aerosmith  
Columbia 3-10278  
Dream On

**JERRY GARCIA**

Jerry Garcia  
Warner Bros. BS-2582  
To Lay Me Down

# PSYCHEDELIC PROGRAM MUSIC

What happened when LSD  
met the electric guitar...

**PINK FLOYD**

Pink Floyd  
Tower ST-5131

A Saucerful of Secrets (last 1/2), Set the Controls for  
the Heart of the Sun

Earliest psychedelic/electronic space Pink . . .  
Defines the term Psychedelic Program Music.

**LIVE DEAD**

The Grateful Dead  
Warner Bros. ZWS-1830

Death Don't Have No Mercy, Dark Star  
Experimental psychedelic electronic journeys from  
The Dead at the peak of their first period in 1970.  
Defines the term far-out.

**ALPHA CENTAURI**

Tangerine Dream  
Brain 2/1082

Alpha Centauri

Vintage psychedelic period T-Dream. Amazing then  
and now.

**ZEIT**

Tangerine Dream  
OHR OMM 2/56021

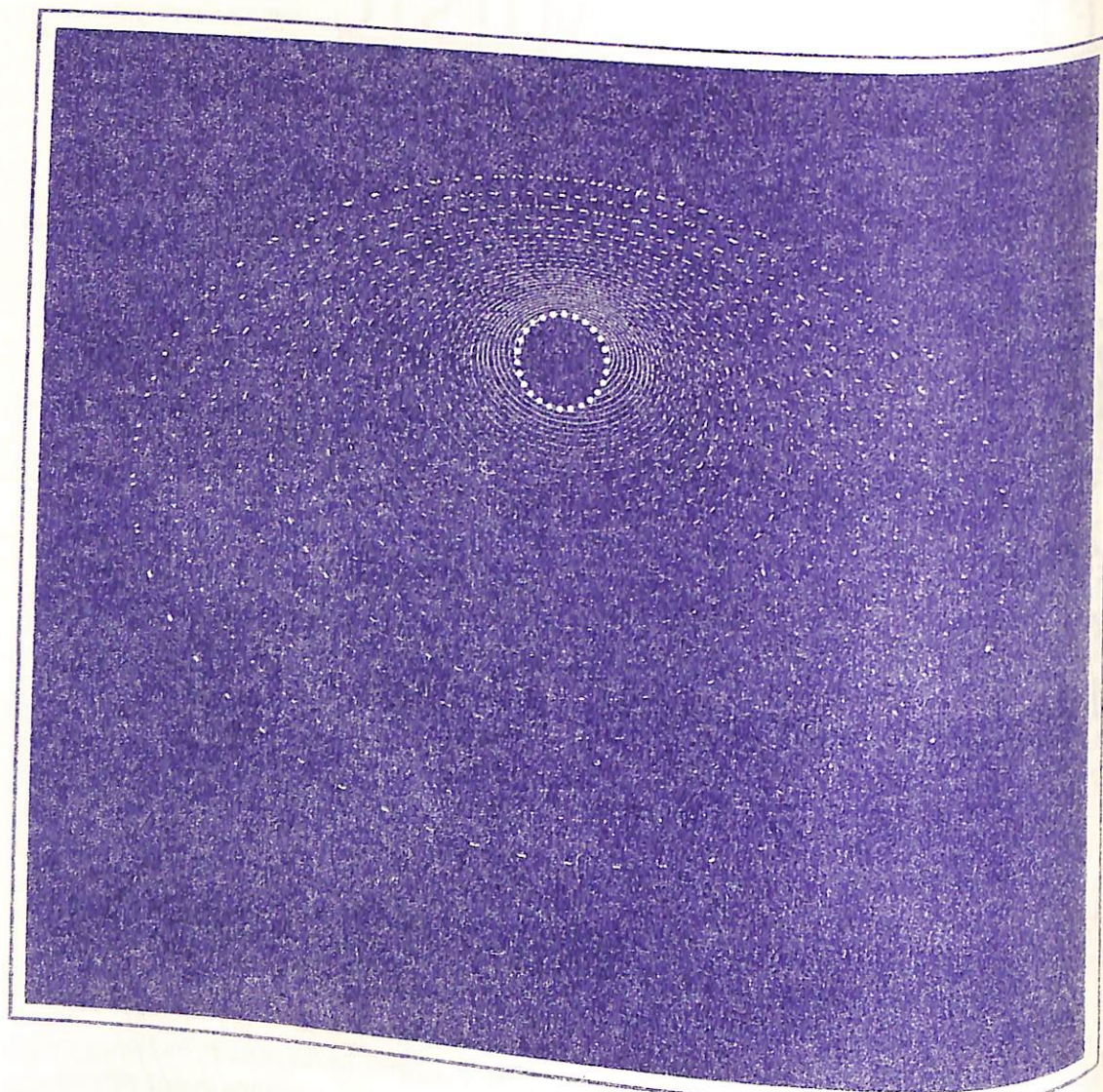
Nebulous Dawn, Origin of Supernatural Probabilities.  
Birth of Liquid Pleiades

Two-record set; spacey-trippy. Early psychedelic  
music by this pioneer German electronic band.

It is LSD which will be remembered as the sacrament of the Aquarian religion—the chemical channel for the visionary conversion of a whole generation. Music is the integrative ritual of this metanoia, the tapestry of harmony which bypasses the intellect and directly touches the feelings. The wordless music carries the listeners who submit to its power to the weightless area of pure experience, and they begin to resonate together, as an entire generation, not only to the same rhythm but to the same thought-patterns. Through its sheer volume the music of the '60s and '70s has served to soften the conditioned mind and also, with its lyrics, to seed it with the poetry of a new teaching. . . . It speaks to an enormous and receptive public of fears and passions, of transcendent insights; it nurtures the feeling of other worlds in a language curiously alien to the traditional articulation of the sacred. In the music we have the movement into a new time, with the syncretism of archaic and heraldic symbolism with that of space-age technology.

Lawrence Blair, *Rhythms of Vision*





RELATED MUSIC

**ZABRISKIE POINT**

Jerry Garcia  
MGM -4668ST  
Love Scene

**PROCOL HARUM**

Procol Harum  
Deram DES-18008  
Whiter Shade of Pale

**SURREALISTIC PILLOW**

Jefferson Airplane  
RCA LSP-3766  
Comin' Back to Me

**PINK FLOYD**

Pink Floyd  
Tower ST-5093  
The Gnome

# SPACE JAZZ

Spacious, meditative,  
non-nervous jazz.

**ARBOUR ZENA**

Keith Jarrett  
ECM 1-1070

Runes (Dedicated to the Unknown)  
A concerto for string orchestra, jazz ensemble and solo piano. Keith Jarrett as a classical composer. Truly excellent.

**TIMELESS**

John Abercrombie  
ECM 1047/ST

Timeless, Love Song  
Timeless, ageless piece of music — one of the best space jazz selections. Synthesizer and guitar.

**PATHLESS PATH**

Charles Lloyd  
Unity Records UR 708

Pole Star, The Call, Pathless Path, Sea Angel, Agni  
Lovely Japanese-inspired meditative jazz ensemble music. Excellent performances by all musicians involved. A very mature album which confirms a new chapter in Charles Lloyd's long career.

**GANDHARVA**

Beaver and Krause  
Werner Bros. WS-1909

Gandharva, By Your Grace, Good Places, Short Film for David, Bright Shadows  
A classical/jazz hybrid, with Moog synthesizer, cathedral organ and the 7 second reverberation of Grace Cathedral in San Francisco. Features Gerry Mulligan on saxophone, Gail Laughton's harp.

**DISTANT HILLS**

Oregon  
Polydor VSD-79341

Distant Hills  
A mature and excellent album by this well-known fusion group. Distant Hills evokes the California landscape for us.

**ODYSSEY**

Terje Rypdal  
ECM-1067/68 ST

Adagio, Farewell, Ballade  
Deep Nordic soul music which goes far beyond its jazz origins. Really classic contemporary chamber music. Very spacey.

**AFTER THE RAIN**

Terje Rypdal  
ECM-1-1083

After the Rain, Little Bell, Like a Child/Like a Song; also Autumn Breeze, Air, Now and Then, Wind  
Spacey, lyrical, sensual — excellent — jazz. The warmest album by far from this Nordic spaceman.

**DESCENDRE**

Terje Rypdal  
ECM 1-1144

Spell, Avskjed, Descendre  
This album from 1979 continues the wonderfully ecstatic spacey electronic guitar work of Terje's earlier records in an ensemble including trumpet, flugelhorn, drums and percussion, and electronic keyboards. The other tracks are marred (for us) by typically nervous jazz rhythm patterns, but Terje's guitar is always "edge of the edge."



*No sound is dissonant which tells of life*  
Coleridge

### CALLINGS

**The Paul Winter Consort**  
Living Music Records LMR-1 (2 record set)  
all

Gentle, lovely music celebrating the sea and its creatures. The Consort, other musicians, and the voices of 13 sea mammals—California sea lion, harp seal, bearded seal, fur seal, sea otter, dolphin, blue whale, humpback whale, bowhead whale, beluga, orca, walrus, polar bear. High quality recording in The Cathedral of St. John the Divine, New York City.

### LORD OF LORDS

**Alice Coltrane**  
Impulse-9224

Going Home

A sparkling and alive version of the traditional American spiritual in an intensely romantic version for harp and string orchestra.

### TRANSCENDENCE

**Alice Coltrane**  
Warner Bros. BS 3077

Side 1

Deeply felt music, primarily for harp.

### ALICE COLTRANE WITH STRINGS

**Alice Coltrane**  
Impulse AS-9218

Galaxy in Satchidananda

"Love is a sacred word. Love is the name of God."  
—spoken by Swami Satchidananda to music of organ, harp, tamboura by Alice Coltrane.

### SILENCE BEYOND TIME

**Between**

Wergo Spectrum SM 1023

Das Molekül. Silence Beyond Time, Peaceful Piece. Movens

1980 album by a European group who are comparable to the American group Oregon. Sophisticated jazz-based musicians who have absorbed and transformed the music of many cultures on the path to a new "world fusion music." Peter Michael Hamel on keyboards.

### COMMON GROUND

**The Paul Winter Consort**  
A&M SP 4698

Ocean Dream, Lay Down Your Burden

The Consort's tribute to the cries of the whale, the wolf, and the great birds with the music they evoke. Very fine music, semi-adequate vocals.

### SARGASSO SEA

**John Abercrombie and Ralph Towner**  
ECM-1-1080

Fable, Sargasso Sea

Moving layers of shifting guitar textures by two jazz masters.

### EAST WINDOW

**East Window**

Stephen Coughlin, 28A Edison Ave., Corte Madera, CA 94925

East Window, Rainbow Island, La Luz, Kyrie

Jazz with light. The devotional centering of Stephen Coughlin, reeds, and Moulabakhsh Funk, piano, is an invisible harmonic, very apparent vibrationally.

### UPON REFLECTION

**John Surman**  
ECM 1-1148

Edges of Illusion

Saxophonist and composer in a solo album of synthesizer/horn combinations. Influences range from Baroque music and jazz to Terry Riley with some enjoyable results.

### SOLSTICE

**Ralph Towner with Jan Garbarek, Eberhard Weber, Jon Christensen**  
ECM 1060

Drifting Petals

Artfully named; light, suggesting, ephemeral jazz images.

### CLOSENESS

**Charlie Hayden and Alice Coltrane**  
Horizon (A&M) SP-710

For Turia. Closeness

From an album of duets by Charlie Hayden and others, this one emerges. Extraordinary music for double bass and harp.

### WEATHER REPORT

**Weather Report**  
Columbia C-30661

Milky Way

Brief, crystalline flight to interspace from the first album by this popular avant group.

### DIS

**Jan Garbarek, Ralph Towner**  
ECM 1093

Viddene, Dis

Genuine icy Nordic soul/space music with synthesizer, wind harp, and the intense clear sound of Garbarek's flute and saxophone.

### RELATED MUSIC

#### WAVES

**Jade Warrior**  
Island ILPS-9318

#### FLOATING WORLD

**Jade Warrior**  
Island ILPS-9290

#### WINTER LIGHT

**Oregon**  
Vanguard VSD-79350  
Deer Path

#### I SING THE BODY ELECTRIC

**Weather Report**  
Columbia KC-31352  
Crystal

#### BEYOND THE LONELIEST SEA

**Peter Banks and Jan Akkerman**  
Capitol SMAS 11217



# LIGHT ETHERIC

Music of predominantly high, airy sounds.

## REFLECTIONS

**Laura Allan**  
Unity Records UR 707

As I Am, Waterfall, Nicasio, Passage

An extraordinarily pure and beautiful voice, Laura Allan composes, sings, and plays zither on this long-awaited album, with flute accompaniment by Paul Horn. Highly recommended.

## BIG SUR TAPESTRY

**Charles Lloyd, with Georgia Kelly, harp**  
Pacific Arts PAC 7-139

Partington Cove, Partington Point, Hill of the Hawk  
High and airy, side 1 is one of the loveliest flute experiences available.

## YOU ARE THE OCEAN

**Schawkie Roth**  
Center of Heavenly Music, P. O. Box 1063, Larkspur, CA 94939

Spanish Rivers, Inner Freedom, Rising Waves, You Are the Ocean

Flowing music of flute, zither, harp and cello for relaxation and massage. Many beautiful moments, especially Spanish Rivers.

## TO THE ESSENCE OF A CANDLE

**Larkin**  
Wind Sung Sounds, 1259 El Camino Real, Suite 9, Menlo Park, CA 94025

A Journey Through Bamboo, Silver Meditations  
Pure, meditative solo flute music. Simple and effective.

## INNER LIGHT OF LIFE

**Akira Itoh**  
King SKS-38

Lush, romantic Japanese synthesizer music, verging on Easy Listening.

## HEAVEN ON EARTH

**Schawkie Roth**  
Center of Heavenly Music, P.O. Box 1063, Larkspur, CA 94939

Heaven on Earth

Joyful, fluid meditative piece for zither, flute, saxophone, voice and natural sounds.

## AN ANGEL SINGS/AMBIENCE

**Joel Andrews**  
Joel Andrews, 245 East Mountain Ave., Santa Barbara, CA 93108 (cassette)

Ambience

Intended to release love between two people, this is also a harmonious vibration to bathe in alone, allowing scattered parts of oneself to come into balance.

## RAINBOW RAY OF THE MASTERS

**Schawkie Roth, flute; Deborah Henson-Conant, harp**  
Center of Heavenly Music, P.O. Box 1063, Larkspur, CA 94939

Rainbow Ray of the Masters, Improvisation: To the One

Schawkie Roth's flute lifts and soars, Deborah Henson-Conant's harp is subtle and intricate on this latest release from Heavenly Music. The title song is especially lovely.

## THE GOLDEN VOYAGE: VOLUMES I, II, III

**Bearns and Dexter**  
Awakening Productions, 4132 Tuller Ave., Culver City, CA 90230

Relaxation/meditation voyages, loved by many and condemned by others as "New Age" musak. Natural ambiances, synthesizer, piano, bells, etc. Concentrates on resonating with higher musical, hence vibratory, frequencies.

# RESTFUL AND RELAXING

Music consciously created to slow down, balance out and open up the body/mind.

*For those who do not love  
music drives away hate.  
Music gives peace to the restless,  
and comforts the sorrowful.  
They who no longer  
know where to turn  
find new ways,  
and those who have despaired  
gain new confidence and love.*

Pablo Casals

## MUSIC FOR AN INNER JOURNEY, VOL. I

**Steve Bergman**  
Steve Bergman, P. O. Box 4577, Carmel, CA 93921

Oriental Suite

Music for piano, flute, bass and synthesizer — light, with healing energies.

## ARICA

**The Arica Musicians**  
A1-1001-1 (published 1970; may be out of print)  
Arica Institute, 235 Park Ave. South, New York, N.Y. 10003

Relaxation

A record to accompany the Arica training, with instructions for using the music to clear the body. Relaxation (5:35) takes you immediately into that state with gongs and bells.

## ZODIAC SUITE

**Steven Halpern**  
HS-771, Halpern Sounds, 620 Taylor Way, #14, Belmont, CA 94002

Moonrise Over Orion, The Heard Eye, Sky Boat

Designed to provide an entry to the "I" within, with Steven Halpern on electric and grand piano, Tony Selva, electric violin, and Schawkie Roth, zither, alto and bamboo flutes.

## SPECTRUM SUITE

**Steven Halpern**  
HS-770

entire album

Steven Halpern's first solo electric piano album relates the 7 keynotes of the musical octave and the 7 colors of the visual spectrum to the 7 chakras. Designed to be soothing and relaxing.

## PRELUDE

**Steven Halpern**  
HS-795 (cassette), Halpern Sounds, 620 Taylor Way, #14, Belmont, CA 94002

Awakening

Peaceful, expansive variations based on the traditional tamboura tuning at the root of Indian music.

## BREATHE

**Noj Bernoff, Marcus Allen**  
Whatever Publishing, 158 E. Blithedale, Suite 4, Mill Valley, CA 94941

Medieval Mist, Interlude, One Earth, Dance on the Wind, Breathe

Light and relaxing "New Age" sound for vibraphone, electric and acoustic space piano by two California musicians.

Music fathoms  
the sky

Baudelaire





RELATED MUSIC

**KANTELE**

Marti Pokela  
Finnlevy SF LP 8578

**EASTERN PEACE**

Steven Halpern  
HS-782 (cassette), Halpern Sounds, 620 Taylor Way,  
#14, Belmont, CA 94002

**WATERFALL MUSIC:  
CRYSTALS FOR SOLO PIANO**

Paul Warner  
Waterfall Music, Box 43, Kula, Maui, Hawaii 96790  
(cassette)

To some of us  
the thought of God  
is like a sort  
of quiet music  
playing in the  
background  
of the mind.

William James

# WESTERN CLASSICAL

The meditative, reflective, inner moments  
from our Western musical heritage.

**MAHLER:  
SYMPHONY NO. 5 IN C SHARP**

The Chicago Symphony/George Solti  
London 2228

Adagietto  
Graceful and emotional, this releases the heart.

**HOVHANESS: MUSIC FOR  
TRUMPET AND ORGAN, OP. 200**

Maurice Strik (trumpeter)  
Redwood Records ES-2  
Music for Trumpet and Organ, Op. 200  
Part of a series of trumpet instructional records.  
Yearningly beautiful. Fine playing, excellent music.

**RALPH VAUGHAN WILLIAMS:  
A LARK ASCENDING**

The Philharmonia Orchestra/Sir Adrian Boult/  
Hugh Bean, violin  
Angel S-36469  
A Lark Ascending  
Lovely, soaring orchestral inspiration by this 20th  
Century English composer. The solo violin flies  
beyond the heart.

**BERNSTEIN CONDUCTS IVES**

The New York Philharmonic/Leonard Bernstein  
MS-6843

The Unanswered Question  
Yearning, heartrending question. A very rare  
expression in music.

**ADAGIO**

Berlin Philharmonic/Herbert von Karajan  
Deutsche Grammophon 2530 247  
Albinoni: Adagio in G Minor for Strings and Organ  
One of the major league adagios. This version is  
fabulous: poignant, with dignity.

**JOAQUIN RODRIGO/NARCISO YEPES**

Narciso Yepes, Orquesta Sinfonica R.T.V. Espana/  
Odon Alonso  
Deutsche Grammophon 139 440  
Concierto de Aranjuez  
Andalusian soul music — the essence of Spain.  
Versions by Andres Segovia and John Williams also  
recommended.

The musician's art  
is to send light  
into the depths of  
men's hearts.

Robert Schumann



*The sounds proceeding from the instruments of symphonic music seem to be the very organs of the mysteries of creation; for they reveal, as it were, the primal stirrings of creation which brought order out of Chaos long before the human heart was there to behold them.*

Richard Wagner

### SEGOVIA

**Andres Segovia**  
Decca DL 710027

Rodrigo: Fantasia para Gentilhombre (Adagio)  
"Official" version for guitar and orchestra. See also James Galway's lovely flute/orchestra version.

### JAMES GALWAY PLAYS RODRIGO

**James Galway/Philharmonia Orchestra/  
Eduardo Mata**  
RCA ARL 1-3416

Fantasia para Gentilhombre  
The liquid, heart-filled quality of Galway's flute is the perfect complement to the rich sonorities of this wonderful contemporary Spanish music.

### ALAN HOVHANESS: AVAK, THE HEALER/PRAYER OF ST. GREGORY

**Crystal Chamber Orchestra/Ernest Gold/Marni  
Nixon, soprano/Thomas Stevens, trumpet**  
Crystal S 800

Avak, the Healer, Op. 65: Prayer of St. Gregory  
Clear, high trumpet, pure soprano and strings in Avak, a Western classic work with echoes of Middle Eastern mystery traditions. In the Prayer of St. Gregory, Hovhanness again uses the trumpet as an instrument of aspiration and certainty, here to a background of lovely hymnal tones.

### STOKOWSKI PLAYS BACH

**Leopold Stokowski/London Symphony  
Orchestra**  
Seraphim S-60235

Komm, Süßer Tod; Passacaglia and Fugue in C Minor  
Shepherd's Song (Christmas Oratorio)  
Stokowski in top form with superb orchestral transcriptions of these Bach classics.

### BEETHOVEN PIANO SONATAS

**Daniel Barenboim**  
Angel SNLV-3755-6

The Moonlight Sonata (Sonata #14 in C# Minor, Op. 27, No. 2, Adagio)  
This movement of Beethoven's familiar sonata somehow remains above numerous attempts to defile it—simple and lovely.

### MAHLER: DAS LIED VON DER ERDE

**New York Philharmonic/Bruno Walter**  
Columbia MS-6426

Der Abschied (The Farewell)  
Inspired by Chinese poems and the consciousness of his own approaching death, this is regarded by many as Mahler's greatest work—here conducted by his close friend, Bruno Walter.

### LEONARD ROSE/EUGENE ORMANDY

**Leonard Rose/The Philadelphia Orchestra/  
Eugene Ormandy**  
Columbia M-30113

Faure: Elegie for Cello and Orchestra  
Truly an elegy, with all its sadness and softness.

### SONGS OF CATALONIA

**Victoria de los Angeles/Orquesta Ciudad de  
Barcelona**  
Angel S-36682

Damont de tu Nomes les Flors, Canco de Seca  
The clear voice of Victoria de los Angeles in the sweet nostalgia of traditional Spanish songs.

### ALAN HOVHANESS: MAJNUN SYMPHONY

**John Alldis Choir/The National Philharmonic  
Orchestra of London**  
Roseidon 1016

The Celestial Beloved, The Mysterious Beloved  
A symphony for chorus and orchestra based on the story of Majnun and Layla, the Persian Romeo and Juliet legend—the drama of love, attachment, devotion and separation. Haunting, affecting music.

### BACH: CONCERTO IN E MAJOR FOR VIOLIN AND STRING ORCHESTRA, CONCERTO IN A MINOR FOR VIOLIN AND STRING ORCHESTRA, CONCERTO IN D MINOR FOR TWO VIOLINS AND STRING ORCHESTRA

**I Musici**  
Epic BC-1080

Masterful, warmly definitive recordings of these great Baroque concerti by an Italian chamber orchestra. The slow movements of each are beautiful, but the adagio of the D Minor (for two soloists) is music of the utmost yearning, beauty and tenderness. "It was through this piece that I discovered the music of the heart." — Timitheo.

### IX. RESEARCH PERIOD, THE WORKS OF JOHANN SEBASTIAN BACH (SERIES F: ORGANWORKS)

**Helmut Walcha**  
Archiv ARC-3205

Passacaglia in C Minor  
One of Bach's greatest and most subtle compositions for the organ—an austere version by this blind German artist.

*When the great musicians wrote their wonderful music they turned in unconscious remembrance towards that Cosmic pre-earthly existence from out of which they were born for earthly life . . . It is as though they said, 'It is human destiny, and rightly so, that man as he begins his earthly course of life is placed into earthly conditions and must adapt himself to them. But in his music he goes back again a little step; he leaves the earthly life to flow on around him, and retreating for a moment draws near once more to the world of soul and Spirit, the pre-earthly life from which he has come forth . . . He steps back again for a moment into the Music of the Spheres.'*

Rudolf Steiner



*Harmony is the  
source of  
manifestation, the  
cause of its  
existence, and the  
medium between  
God and man.*

*Hazrat Inayat Khan*

### HOLST: THE PLANETS

Zubin Mehta/Los Angeles Philharmonic  
London CS-6734

Neptune, The Mystic; Venus, The Bringer of Peace  
Indubitably Western classical in form, these were  
nevertheless reachings toward the cosmic: Venus is  
interpreted in beauty, Neptune as a distant divinity.

### CONCERTO FOR ONDES MARTENOT, STRINGS, ORCHESTRA AND PERCUSSION

Marcel Landowski  
Musical Heritage Society MS-988-F

Adagio

Another discovery from the MHS treasurehouse—a  
concerto for (one of the earliest) synthesizers and  
orchestra.

### THE POWER AND THE GLORY

Lloyd Holzgraf  
M&K Real Time RT-114

Vivaldi: Largo (D Minor Concerto); Alexander Russell:  
The Bells of St. Anne de Beaupre

A direct-to-disc recording with bass which would all  
but disappear in broadcast, it is recommended for  
the two quiet organ works listed.

### BLACK COMPOSERS SERIES, VOL. 7

The London Symphony Orchestra/Paul  
Freeman

Columbia M-33433

George Walker: Lyric for Strings

Lovely, emotional music with a hint of tragedy  
toward the end.

### MESSIAEN: TURANGALILA SYMPHONY

Toronto Symphony/Selji Ozawa/ Jeanne  
Loriod, Ondes Martenot  
RCA LSC-7051

VI. Jardin du sommeil d'amour (Garden of Love's  
Sleep)

We only play one movement from this otherwise  
dissonant sounding symphony. Features orchestra  
with electronic accompaniment from an early French  
synthesizer called the Ondes Martenot.

### RELATED MUSIC

### ROSEWOOD AND SILVER

Vance Koenig, classical guitar; Warren  
Welsbach, flute  
privately published

Bach: Siciliano; Chopin: Prelude No. 4 in E Minor;  
Giuliani: Grand Sonata for Flute and Guitar, Op. 85;  
Beethoven: Moonlight Sonata

A collection of classical works, some adapted for  
flute and guitar, played with purity and gentleness

### LIGETI: REQUIEM, LONTANO, CONTINUUM

Gyorgy Ligeti  
Wergo WER 60045  
Lontano

### BENJAMIN BRITTEN

Mstislav Rostropovich/The English Chamber  
Orchestra/Benjamin Britten  
London 6419

Haydn: Concerto in C for Cello and Orchestra  
(Adagio)

To realize that we are one with the Creator as Beethoven did is a wonderful  
and awe-inspiring experience. Very few human beings ever come into that  
realization, and that is why there are so few great composers or creative  
geniuses . . . I always contemplate all this before commencing to compose.  
This is the first step. When I feel the urge I begin by appealing directly to my  
Maker . . . I immediately feel vibrations which thrill my whole being . . . In  
this exalted state I see clearly what is obscure in my ordinary moods; then I  
feel capable of drawing inspiration from above as Beethoven did . . . Those  
vibrations assume the form of distinct mental images . . . Straightaway the  
ideas flow in upon me, directly from God, and not only do I see distinct  
themes in the mind's eye, but they are clothed in the right forms, harmonies,  
and orchestration. Measure by measure the finished product is revealed to  
me when I am in those rare, inspired moods . . . I have to be in a semi-trance  
condition to get such results—a condition when the conscious mind is in  
temporary abeyance, and the subconscious is in control, for it is through the  
subconscious mind, which is a part of Omnipotence that  
the inspiration comes.

*Johannes Brahms*

### HARP SOUNDINGS

Joel Andrews  
Golden State Records LP-792, 665 Harrison St., San  
Francisco, CA

### IVES: SYMPHONY NO. 4

Leopold Stokowski/American Symphony  
Orchestra  
Columbia ML-6175  
Largo maestoso

### HARP AUJOURD'HUI

Marcella DeCray  
Coronet 2745  
Prokofiev: Prelude, Op. 12, No. 7

### MUSIC FOR GLASS HARMONICA

Bruno Hoffman  
VOX STDL 501.110  
Mozart: Adagio in C, K. 617a; Johann Abraham Peter  
Schulz: Largo in C Minor

### HEAVY ORGAN AT CARNEGIE HALL

Virgil Fox  
RCA ARDI-0081

### VIRGIL FOX HEAVY ORGAN

Virgil Fox  
DL-7-5323

### OLIVIER MESSIAEN: VISIONS DE L'AMEN

Peter Serkin and Yuji Takahashi  
RCA A-10363  
Amen de la Creation

### VIRGIL FOX PLAYS REUBKE, PIERNE AND BACH

Virgil Fox  
HCR-1701-SD74  
Reubke: Sonata in C Minor on the 94th Psalm  
(Adagio)



# WESTERN SACRED

From our great religious and choral traditions, the purest, most sublime moments.

## FAURE REQUIEM

Choir of Kings College/The New Philharmonia Orchestra/David Willcocks  
Seraphim S-60096

entire work, especially Agnus Dei, In Paradisum  
A beautiful rendering of one of the loveliest and softest of requiems.

## BRAHMS: A GERMAN REQUIEM

New Philharmonic Chorus and Orchestra/Loren Maazel  
Columbia MZ 34583

Selig sind, die da Leid tragen

Deep, moving and fluid; sweet and sad. One of the most profound and beautiful sacred choral works for us.

## O GREAT MYSTERY, UNACCOMPANIED CHORAL MUSIC OF THE 16th & 17th CENTURIES

The Canby Singers  
Nonesuch H-71026

Tomas Luis de Victoria: O Magnum Mysterium;  
Lassus: Resonet in Laudibus

Very good record. Includes the O Magnum Mysterium of Morales and Byrd as well.

## HYMNS SPHERES

Keith Jarrett  
ECM-2-1086

Hymn of Remembrance, Hymn of Release

Double album of Jarrett at the Trinity Organ at Ottebeuren Abbey, West Germany. Pure, spacious and overflowing sound/composition. Our selection are the least experimental. In the Spheres, Jarrett moves into toneworlds never before explored on pipe organs.

## RALPH VAUGHAN WILLIAMS: MASS IN G MINOR

Kings College Choir, Cambridge/The English Chamber Orchestra/David Willcocks  
Angel S-36590

Credo, Sanctus-Osanna I-Benedictus-Osanna II  
A pure version of this lovely Mass, considered a masterpiece of contemporary English church music.

## GUISEPPE VERDI: QUATTRO PEZZI SACRI

Philharmonia Orchestra and Choir/Carlo Maria Giulini  
EMI/Electrola C 065-00-016

Ave Maria

An exquisite Ave Maria with the softest, floating Amen.

## J. S. BACH: MASS IN B MINOR

Soloists and Orchestra of Lausanne/Michel Corboz  
RCA FVL2-5715

Chorus: And was incarnate by the Holy Ghost of the Virgin Mary ... Chorus: And was crucified also ...

A masterpiece — in every dimension — this is the music that places Bach with the immortals. These are two choruses we play in the hushed hours of the late night; the work itself is a vast, monumental experience.

## MOZART: MASS IN C MAJOR, MISSA BREVIS IN C MAJOR, AVE VERUM CORPUS

Regenburger Choir/Orchestra of Bayerischen Rundfunks/Rafael Kubelik  
Deutsche Grammophon 2530 356

Ave Verum Corpus, K618

A short, beautiful moment marked with the utmost simplicity and inwardness of expression.

## EVENSONG FOR ASH WEDNESDAY

The Choir of Kings College, Cambridge/David Willcocks/Roy Goodman, solo treble  
Argo ZRG 5365

Allegr: Miserere (Psalm 51)

Considered so holy it was played in the Sistine Chapel only once a year for the Vatican elite until the young Mozart heard and transcribed it, this is the highest of aspirations. If you have philosophical difficulty with the words, listen to it on the level of pure sound. Roy Goodman's voice ascends to the upper reaches of the Kings College Chapel ... and beyond. Pir Vilayat Inayat Khan says the Allegr represents the very highest expression of music ever.

From the heart it  
has sprung; into  
the heart it shall  
penetrate.

Beethoven

## AGRUPACION CORAL DE PAMPLONO DE ESPANA

Agrupacion Coral de Pamplono  
Columbia MS-6057 (out of print)

This music came to us indirectly; it's beautiful, probably contains some Victoria, but we don't have the titles. Deep, musky sound.

## KOR

Mikaell Chamber Choir  
Proprius 7770 (Audiosource, 1185 Chess Dr., Foster City, CA 94404)

Erland von Koch: Hit, O Jesu, Samloms, Den Signade Dag; Verdi: Pater Noster; Geoffray: Triptyque Marial; Purcell: Thou Knowest, Lord, the Secrets of Our Hearts

A selection of the softer, gentler sacred works performed by a Swedish choral group. Purist stereo recording produces an impeccable combination.

## DURUFLE: REQUIEM, OP. 9

Orchestre de l'Association des Concerts Lamoureux/Maurice Durufle  
Musical Heritage Society, MHS 1509

Lux Aeterna

A specially lovely and refined Requiem Mass by this 20th century French composer.

## MADRIGALS AND MOTETS

The Budapest Madrigal Ensemble/Ferenc Szekeres  
Monitor MCS 2054

Liszt: Ave Maria, O Salutaris Hostia  
Deeply reverent, tender and affecting.

The aim and final  
reason of all music  
should be nothing  
else but the Glory  
of God and the  
refreshment of the  
spirit.

Johann  
Sebastian  
Bach

All art constantly  
aspires towards  
the condition of  
music.

Walter Pater



*I have increasingly become conversant with Pythagoras' and Goethe's idea of a primordial music, not perceptible to the sensuous ear, but sounding and soaring throughout the Cosmos. Tracing it to such exalted origins, I begin to understand more deeply the essence of our art and its elemental power over the human soul. Man, being a creature of Nature and subject to the cosmic influences that inform all earthly beings, must needs have been under the sway of that music from his earliest days; his organism reverberated with its vibrations and received its rhythmic impulses.*

Bruno Walter

### MUSIC FOR GRACE CATHEDRAL

The Louls Magor Singers  
unpublished

Arthur Stidfole: Opalescent River Scene

Part of a thoroughly excellent 1979 concert in Grace Cathedral, Opalescent River Scene is "like the light in the mist" which inspired it.

### MASTERSINGERS OF THE SAN ANTONIO SYMPHONY

Mastersingers of the San Antonio Symphony  
Telarc 5026

Lotti: Crucifixus II

A good selection of sacred choral pieces, sung with lusty Texan enthusiasm. There are probably more subtle versions of the Lotti, which is lovely and moving.

### J.S. BACH: MAGNIFICAT IN D, CANTATA #51

Teresa Stich-Randall, Soprano; M. Andre,  
Trumpet/The Chamber Orchestra of the Sarre/  
Karl Ristenpart  
Nonesuch H-71011

Cantata #51: Recitative

Lovely, hushed section of a joyous work.

### A TREASURY OF GREGORIAN CHANT VOL. II

Monks of the Abbey of St. Thomas  
VOX STP516.470

Introit (Mode 4), Communion (Mode 7), Offertory (Mode 8), Alleluia (Mode 2) Communion (Mode 8)

Pure Western devotional music. This album is one of many excellent recordings available. The combination of male voices in harmony and the ambience of stone churches creates one of the most powerful spaces for the Western psyche.

### RACHMANINOFF: LITURGY OF ST. JOHN CHRYSOSTOM

Chorus of the Bulgarian Radio, Sofia/ Mikhailov  
Angel SB 3864 (2 disc)

Russian religious music with Byzantine roots, recorded in the Alexander Nevsky Cathedral in Sofia with its 9 second reverberation. Very deep.

### RELATED MUSIC

#### PSALMS OF CONSOLATION AND HOPE

The Choir of St. John's College, Cambridge/  
George Guest  
ARGO ZRG 892  
Psalm 49, Psalm 23

#### BRITTEN: A CEREMONY OF CAROLS, HYMN TO ST. CECILIA, MISSA BREVIS

Kings College Choir/ David Willcocks  
Seraphim S-60217  
A Ceremony of Carols: VIII (In Freezing Winter Night);  
XI (Recession); I (Procession)

#### MOTETS OF THOMAS TALLIS

The Clerkes of Oxenford/ David Wulstan  
Seraphim S-60256  
Spern in allium

#### BRAHMS: SACRED AND SECULAR CHORAL MUSIC

Chorus of the Gulbenkian Foundation of  
Lisbon/ Michel Corboz  
RCA ARL1-3350  
Motet, Op 74, No. 1

#### DESMARETS: MYSTERES DE NOTRE SEIGNEUR JESUS-CHRIST

Vocal and Instrumental Ensemble of Lyon/ Guy  
Cornut  
Musical Heritage Society MHS 4085  
Descente Du Saint-Esprit

*When the human  
being sings he  
lends expression  
to the great wise  
ways in which the  
world was made.*

Rudolf Steiner

*... Bach, like every other lofty religious mind, belongs not to the church but to religious humanity, and . . . any room becomes a church in which his sacred works are performed and listened to with devotion.*

Albert Schweitzer



# COSMISCELLANY

Beyond Class and Category. Everything we love which didn't fit anywhere else.

## THE SINKING OF THE TITANIC

Gavin Bryars  
Obscure No. 1

Jesus' Blood Never Failed Me Yet

A tape loop of several lines from a heartfelt hymn sung by an elderly English hobo — with strings, bass, woodwind, French horns, harp, brass, oboe, organ and vibes added gradually. Very moving. Produced by Brian Eno.

## ON THE OTHER OCEAN

David Behrman  
Lovely Music

On the Other Ocean

An interactive piece with Maggi Payne, flute, Arthur Stidole, bassoon, and a microcomputer-controlled synthesizer, creating a soothing, meditative continuity.

## FLYING DREAMS

Victor Spiegel

HS 798, Halpern Sounds, 620 Taylor Way, #14, Belmont, CA 94002

Flying Dreams II

First cassette album by a composer/keyboard virtuoso whose solo piano improvisations will inevitably be compared to Keith Jarrett's. (He's that good.) The listed selection is for electric piano and flute — more spacey and formless than the piano music.

## 2001: A SPACE ODYSSEY

Ormandy: The Philadelphia Orchestra,  
Bernstein: New York Philharmonic  
Columbia MS-7176

Ligeti: Atmospheres; Lux Aeterna

The only real space music in the soundtrack to Stanley Kubrick's classic vision of our future in space. Mystical/mysterious.

## BEYOND THE BLUE HORIZON

Lou Christie  
Three Bros. THB-402 (single)

Beyond the Blue Horizon

You may think it's campy at first, but it'll have you dancing and singing along by the fourth chorus. Inspiring comic relief.

## ALL I SEE IS YOU

Rabindra Danks  
Takoma/Devi D-1036

Tippy Tapping

A foot-tapping satire on the joys of meditation, Dixieland style.

## A FAMILY AFFAIR

The Speers  
Heart Warming Records 3147

Turn Your Radio On

Whatever its original intention, this is a great anthem to turned-on radio. . . . "Get in touch with God (space fan). . . . Turn your radio on."

## THE WORLD IS STILL WAITING FOR THE SUNRISE

Les Paul and Mary Ford  
Capitol ST-11308

Vaya con Dios

If audio tapes came in black and white, this would be one of them. Innocent.

## JASON SERINUS: WHISTLER EXTRAORDINAIRE

Jason Serinus  
Jason Serinus, 80 Elgin Park, No. 4, San Francisco, CA 94103 (cassette)

Virtuoso soprano whistling of classical arias and popular songs by Jason Serinus, the Voice of Woodstock in Peanuts cartoons, whose inner approach to his art is that "whistling is focused breath."

## RELATED MUSIC

## LA VOIX ET LA MUSIQUE DE GURDJIEFF

Gurdjieff  
G.I.G. 001/2 (Harmonium)

## FAIRPORT CONVENTION

Fairport Convention  
Sp. 4185

The Lord Is in This Place . . . How Dreadful Is This Place

## PERUVIAN WHISTLING VESSELS

Steven Halpern and Daniel K. Stat  
SRI 781, Halpern Sounds, 620 Taylor Way, #14, Belmont, CA 94002

## CLARA ROCKMORE: THEREMIN

Clara Rockmore, theremin; Nadia Reisenberg, piano  
Delos DEL-25437

## G. T. GURDJIEFF: SACRED HYMNS

Keith Jarrett  
ECM 1-1174  
Reading of Sacred Books

## CALDARA: STABAT MATER

Robert Margouleff, Malcolm Cecil, John Atkins  
Kama Sutra KSBS 2020 (out of print)  
Electronic music parts only

## LEDA

Linda Cohen  
Poppy PYS-5702  
Fantasia Inca

*The whole of life in all its aspects is one single music; and the real spiritual attainment is to tune one's self to the harmony of this perfect music.*

*Hazrat Inayat Khan*



*Your music is my world  
but only for this moment  
because of the others  
we are closer*

*Will we be here  
travelling*

*As one*

*We are passion  
through time  
over the mountain, up  
into the sky  
to no place*

*I have been before*

*endlessly*

*At last,*

*quiet*

*Nina Ireland*



## RELATED MATERIAL

There is an increasing number of books, tapes and articles on music and sound representing a variety of cosmological perspectives. This is by no means an inclusive list; rather, these are things we have personally experienced and can so recommend.

### Books

These two books have been the most deeply instructive and inspiring to us and we can recommend them wholeheartedly:

Peter Michael Hamel. **Through Music to the Self**. Shambhala Publications, Inc., 1123 Spruce St., Boulder, CO 80302. This book is just essential.

**The Sufi Message of Hazrat Inayat Khan**, Vol. II. "The Mysticism of Sound," "Music," "The Power of the Word," "Cosmic Language." From Hunter House, Inc., Publishers, 748 E. Bonita Ave., #105, Pomona, CA 91767.

### Other Books on Music

Edward B. Benjamin, Sr. **The Restful in Music**. Crescendo Publishing Co., 48-50 Melrose St., Boston, MA 02116. Extensive listing of quiet movements from Western classical compositions.

Sri Chinmoy. **God, the Supreme Musician**. Agni Press, 84-47 Parsons Rd., Jamaica, NY 11432. Thoughts and poetry from an Indian spiritual teacher.

Lionel Stebbing. **Music, its Occult Basis and Healing Value**. New Knowledge Books, P.O. Box 9, Horsham, Sussex, RH12 2LB, England. Writings of Rudolf Steiner and his students on secular and cosmic music, music therapy and related topics.

Shirley Rabb Winston. **Music as the Bridge**. A.R.E. Press, P.O. Box 595, Virginia Beach, VA 23451. Information on music compiled from the channelings of Edgar Cayce.

### Periodicals

**Parabola, Myth and the Quest for Meaning**. May, 1980 issue (Vol. V, No. 2) devoted to "Music, Sound, Silence." Parabola, 150 Fifth Avenue, New York, N.Y. 11202.

### Tapes

**Sound**, a talk by Pir Vilayat Khan. Tape T9 from Sufi Order Publications, P.O. Box 5568, Lebanon Springs, NY 12114.

**Isos: Sound and the Cosmos**, interview by Will Noffke. Co-Creative Productions, 2512 San Pablo Ave., Berkeley, CA 94702. In addition, Will Noffke will be publishing interviews with many musicians in the near future, including Alan Hovhaness, Hidayat Khan, Steven Halpern, Sande Hershman, Stephen Fiske and Buddy Comfort. Write for information.

**Metaphysical Perspective on Isos' Work**, from Inter-Dimensional Music, P.O. Box 594, Waldo Pt., Sausalito, CA 94965.



## INTER-RELATED MATERIAL

**The Seth Material** is a body of information dictated by an energy personality essence named Seth who speaks through Jane Roberts, a writer and trance medium in Elmira, New York. It is provocative, expansive and exuberant. Though there are as yet unpublished sessions dealing with sound, some tastes can be found in the following:

**Seth Speaks**, pp. 248-251, 441, 439.

**The Nature of Personal Reality**, p. 98 ff

**The 'Unknown' Reality**, Vol. II, pp. 403, 478-483.

**The Nature of the Psyche**, pp. 101-105.

**Continuum** is a studio in Los Angeles founded by Emilie Conrad-Da'oud which teaches some of the most advanced work we know in movement and sound meditation. It has opened to our awareness an entirely new category of music, which we call Cellular Wave Music. Daily classes are held in Los Angeles, and weekly or monthly workshops in the San Francisco area. Emilie Conrad-Da'oud has been instrumental in pioneer research conducted on the human aura at UCLA by Dr. Valerie Hunt. Descriptions of this work are contained in two interview tapes by Will Noffke of Co-Creative Productions: Dr. Valerie Hunt, Emilie Conrad-Da'oud, Rosalyn Bruyere, and one with Susan Harper and Michael Stearns of Continuum. Or write Continuum, 3640-1/2 Watsuka Ave., Los Angeles, CA 90034. (This is an address for information only; classes are not held here.)

**The Silent Pulse** by George Leonard (Bantam Books, 1980) is a wonderful book, beautifully written, on the rhythmic interrelationships of our world, with examples from music and aikido to physics and life experience, and the postulate that there is a state of perfect rhythm, which some would call a state of grace, which we can learn to find and enter.

**Rhythms of Vision**, an important book by Lawrence Blair (Warner Books, 1975), not only contains some tantalizing information on sound, but is, overall, an exciting journey through the interconnection points of ancient science and esoterism with modern science and Aquarian philosophy.

**The New Dimensions Tape Catalogue** is a listing of 600 audio cassettes compiled from spontaneous radio conversations broadcast over the past 8 years in the San Francisco Bay Area and now, via public radio satellite, in 70 cities across the country. Categories include Holistic Health and Wellness; Shamans, Sorcerers, Wizards and Other Wonders; Evolutionary Economics; The Psychic Realm; Right Living; Self Help; Visionary Futures; Practical Philosophy. Write for a free catalogue: New Dimensions Radio, Dept. MC, 267 States St., San Francisco, CA 94114.

**Eurock** is a high integrity magazine published and lovingly evolved over the last 7 years by Archie Patterson. He covers the European electronic, new music, and avant garde art/music scene like no one else, and was our original connection to artists like Peter Michael Hamel, Klaus Schulze, Popol Vuh, Ashra and many others. Last year he launched **Eurock Distribution** which should grow into a major supply point for European and Japanese new music. Write for subscription information and an up-to-date catalogue of mail order records and tapes. **Eurock**, P.O. Box 4181, Torrance, CA 90510.

**Emmett E. Miller, M.D.** has produced some of the finest guided imagery, stress-reduction and self-improvement tapes we've heard, many with original music by such artists as Georgia Kelly, Rafael and Steven Halpern. For information, write Emmett E. Miller, M.D., 945 Evelyn St., Menlo Park, CA 94025.

**The New Age Music Network** is an organization of musicians and sound and business professionals interested in facilitating the emergence of "new age music" in the world. Write The New Age Music Network, P.O. Box 9416, San Rafael, CA 94902 for a sample newsletter.



## BAY AREA RETAIL SOURCES

### San Francisco

Aeon Books  
2199 Market St.  
San Francisco, CA 94114  
415/621-2040

Amron Psychic World  
1863 Union St.  
San Francisco, CA 94123  
415/567-1723

Atlantis Metaphysical Bookshop  
584 O'Farrell St.  
San Francisco, CA 94102  
415/775-9250

Rooks & Records  
2222 Polk St.  
San Francisco, CA 94109  
415/771-7909

Star Magic  
4026 1/2 24th St.  
San Francisco, CA 94114  
415/641-8626

### East Bay

Earthsign Books  
2510 San Pablo Ave.  
Berkeley, CA 94702  
415/548-2186

Lewin's Metaphysical Books  
2644 Ashby Ave.  
Berkeley, CA 94705  
415/843-9152

Rather Ripped Records  
4266 Broadway  
Oakland, CA 94611  
415/547-6701

Shambhala Booksellers  
2482 Telegraph Ave.  
Berkeley, CA 94704  
415/848-8443

Sunrise Metaphysical Books  
3054 Telegraph Ave.  
Berkeley, CA 94705  
415/841-6372

### Marin

Paper Ships  
69 Tamal Vista Blvd.  
Corte Madera, CA 94925  
415/924-4212

Paper Ships  
79 Center Blvd.  
San Anselmo, CA 94960  
415/457-5990

### Sonoma

Metaphysical Center  
105 Montgomery Dr.  
Santa Rosa, CA 95404  
707/546-8810

### Peninsula

East-West Book Shop  
1170 El Camino Real  
Menlo Park, CA 94025  
415/325-5709

Minerva Books  
1027 Alma  
Palo Alto, CA 94301  
415/326-2006

Palo Alto Health Food Store  
463 University Ave.  
Palo Alto, CA 94301  
415/328-5810

Plowshare  
162 University Ave.  
Palo Alto, CA 94301  
415/321-4748



*Imagine yourselves out there in the universe. From all the heavenly bodies it is singing, speaking as it sings, singing as it speaks, and all your perception is a listening to this speech which is song, the singing speech of the Cosmos. Picture it as vividly as you can. The spheres of the fixed stars more at rest; behind it the wandering planets. And whenever a planet in its course passes a constellation of the fixed stars, there bursts forth, not one single note, but a whole world of music. Then as the planet passes on . . . from one constellation to another, a different world of sound rings out. Behind there follows, let us say, another planet . . . passing through the constellation . . . It causes a different world of sound to ring forth. Thus we have in the heavens of the fixed stars a wondrous Cosmic instrument of Music, while from the planets behind it the planetary Spirits are playing upon this instrument.*

Rudolf Steiner

## MAIL ORDER SOURCES

**Music from the Hearts of Space**  
P.O. Box 31321  
San Francisco, CA 94131

Fortuna  
11 Kavon  
Novato, CA 94947

Celestial Harmonies  
605 Ridgefield Rd.  
Wilton, CT 06897

Source  
1307 Buena Vista  
Pacific Grove, CA 93950

Greenworld Records Limited  
23703 Madison St.  
Torrance, CA 90505

Rather Ripped Records  
4266 Broadway  
Oakland, CA 94611

Passport Imports  
3146 E. Burnside  
Portland, OR 97214

Omega Music  
Box 569  
Lebanon Springs, NY 12114

The Orion Foundation  
Box 757  
Puunene, Maui, Hawaii 96784

Musical Heritage Society  
14 Park Road  
Tinton Falls, NJ 07724

While many of the records and tapes listed in this guide may be found in or ordered through conventional record retailers, many others are only available through specialized stores or by mail.

Simultaneous with the publication of this Guide, **Music from the Hearts of Space** is launching its own mail order record and tape sales service. While we sincerely hope that you will order some of your music from us (it makes it all possible, friends), our initial catalogue is limited to only 33 albums we consider top quality and "essential."

For your convenience we include here a number of other mail order sources, some with very extensive catalogues. Perhaps at some point in our lifetimes direct electronic distribution via satellite, cable, or who-knows-what will make all these low-ecology packages of plastic unnecessary. But for now, intelligent use of catalogues is the most efficient way to access unusual music.



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## AFTERWORD

Three times I have 'gone' to a place that I cannot find words to describe accurately. . . . To me, it was a place or condition of pure peace, yet exquisite emotion. It was as if you were floating in warm soft clouds where there is no up or down, where nothing exists as a separate piece of matter. The warmth is not merely around you, it is of you and through you. Your perception is dazzled and overwhelmed by the Perfect Environment.

The cloud in which you float is swept by rays of light in shapes and hues that are constantly changing, and each is good as you bathe in them as they pass over you. Ruby-red rays of light, or something beyond what we know as light, because no light ever **felt** this meaningful. All the colors of the spectrum come and go constantly, never harshly, and each brings a different soothing or restful happiness. It is as if you are within and a part of the clouds surrounding an eternally glowing sunset, and with every changing pattern of living color, you also change. You respond and drink into you the eternity of the blues, yellows, greens, and reds, and the complexities of the intermediates. All here is familiar to you. This is where you belong. This is Home.

As you move slowly and effortlessly through the cloud, there is music around you. It is not something of which you become aware. It is there all the time, and you vibrate in

harmony with the Music. Again, this is more than the music you knew back there. It is only those harmonies, the delicate and dynamic melodic passages, the multivoiced counterpoint, the poignant overtones—it is only those that have evoked in you the deep, incoherent emotion back there. The mundane is missing. Choirs of human-sounding voices echo in wordless song. Infinite patterns of strings in all shades of subtle harmony interweave in cyclical yet developing themes, and you resonate with them. There is no source from which the Music comes. It is there, all around you, in you, you are a part of it, and it is you.

It is the purity of a truth of which you have had only a glimpse. This is the feast, and the tiny tidbits you tasted before, back there, had made you hope for the existence of the Whole. The nameless emotion, longing, nostalgia, sense of destiny that you felt back there when you stared at the cloud-layered sunset in Hawaii, when you stood quietly among the tall, waving trees in the silent forest, when a musical selection, passage, or song recalled memories of the past or brought forth a longing for which there was no associated memory, when you longed for the place where you belonged, whether city, town, country, nation, or family—these are now fulfilled. You are Home. You are where you belong. Where you always should have been.

Robert A. Monroe

Robert A. Monroe. *Journeys Out of the Body*, pp. 123, 124. Garden City, New York: Anchor Press, 1977.



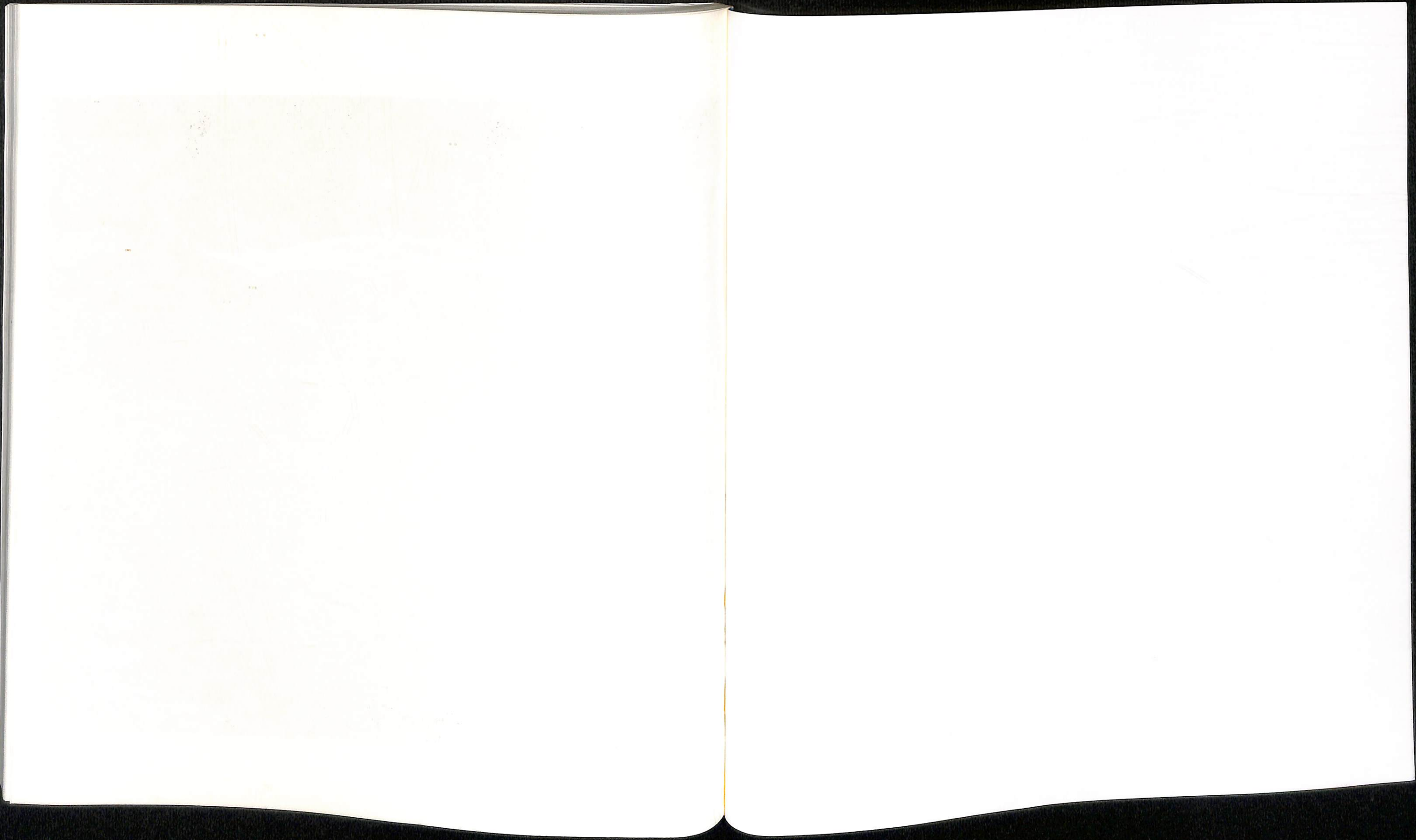


*Rising in space  
for its own sake  
free and  
open*











## MUSIC FROM THE HEARTS OF SPACE

CONTEMPORARY ANCIENT ☆ CYCLIC  
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